

*The Cerebrovascular Center Minority Stroke Program, in partnership with  
the Cleveland Clinic Multicultural Health Center of Excellence present*

# Health Disparities 2021

Moving Forward to Close the Gap in  
Minority and Ethnic Populations

**Virtual, Live-Streamed Conference**

April 16-17, 2021

2:00 pm - 6:00 pm - April 16 *(US Eastern Standard Time)*

8:00 am - 12:15 pm - April 17 *(US Eastern Standard Time)*



## About the Course

Stroke, heart attacks and other related health disparities are devastating to communities across our nation due to their broad impact. These disparities ultimately result in death, disability, or limited engagement that leads to negative consequences in terms of financial stability, work-force numbers, care-giving, availability of expertise and guidance, with disproportionately higher rates in the African American and other minority communities. Greater awareness of the major issues surrounding stroke, heart attack and other health disparities in these populations is needed, as awareness is the first step in bringing about positive change. This conference will provide the evidence underlying stroke and other health disparities and will include a discussion of solutions to overcome the obstacles through lectures, case presentations, expert panels, and patient panels led by a nationally renowned faculty.

## Learning Objectives

- Critically assess the outcomes of local and national efforts to eliminate stroke and other health disparities in minorities and ethnic groups.
- List challenges clinicians and patients/communities face that contribute to health disparities.
- Describe the recent insights regarding social determinants of health and its impact on patient care.
- Critically assess the impact of optimizing the Doctor-Patient relationship on eliminating stroke and other health disparities.
- List the major areas where there are knowledge gaps in our understanding about stroke and other health disparities and identify interventions to mitigate these disparities.

## Target Audience

Neurologists, Neurosurgeons, Primary Care Providers, Internal Medicine, Critical Care, Emergency Medicine, OB/GYNs, Urologists, Cardiologists, Interventional Radiologists, Public Health Specialists, Social Work Professionals, and Medical School Faculty.

### Conference Director

**Gwendolyn Lynch, MD**

Director, Minority Stroke Program

### Guest Faculty

**Quinn Capers, IV, MD**

Vice Chair, Internal Medicine Diversity and Inclusion, UT Southwestern

**George Howard, DrPH**

Chair, Biostatistics, University of Alabama

**Altat Saadi, MD, MSc**

Department of Neurology, Massachusetts General Hospital

### Cleveland Clinic Faculty

**Linda Bradley, MD**

Professor of Ob-Gyn & Reproductive Biology

**Todd Breaux, MD**

Glickman Urological & Kidney Institute

**Karen Cooper, DO**

Director, Women's Health Institute Weight Management

**Shazam Hussain, MD**

Director, Cerebrovascular Center

**G. Abbas Kharal, MD, MPH**

Cerebrovascular Center

**Geoffrey Lake, MBA, MSW**

Care Coordination Manager

**Andrew Russman, DO**

Cerebrovascular Center

**Muhammad Samad**

Community Outreach Program Manager

**Dylan Wint, MD**

Lou Ruvo Center for Brain Health

### Planning Committee

**G. Abbas Kharal, MD, MPH**

**Gwendolyn Lynch, MD**

**Charles Martin, III, MD**

## Agenda

### Friday, April 16, 2021

- 2:00 pm      **Welcome & Introductions**  
Gwendolyn Lynch, MD
- 2:10 pm      ***Health Disparities in U.S. Stroke Care and Beyond***  
Andrew Russman, DO
- 3:00 pm      ***Disparities in Preventive Care in Men and Women***  
Todd Breaux, MD and Linda Bradley, MD
- 4:00 pm      Break
- 4:10 pm      ***Health Disparities in Primary Stroke Prevention and Urban/Rural Differences***  
George Howard, DrPH
- 5:00 pm      ***Urban vs Rural Challenges***  
G. Abbas Kharal, MD, MPH and Dylan Wint, MD
- 5:20 pm      ***Panel Discussion***  
Moderator: G. Abbas Kharal, MD, MPH  
Panelists: Todd Breaux, MD; George Howard, DrPh; Shazam Hussain, MD; Geoffrey Lake, MBA, MSW; Andrew Russman, DO; Muhammad Samad; Dylan Wint, MD
- 6:00 pm      Adjourn
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### Saturday, April 17, 2021

- 7:55 am      **Welcome & Introductions**  
Gwendolyn Lynch, MD
- 8:00 am      ***The Impact of the Doctor Patient Relationship on Eliminating Stroke and Other Health Disparities***  
Karen Cooper, DO
- 8:50 am      ***National Disparities in Cardiology and Stroke Interventional Care***  
Quinn Capers, IV, MD
- 9:40 am      ***Socioeconomic Consequences of Health Disparities***  
Altaf Saadi, MD, MSc
- 10:30 am      Break
- 10:45 am      ***Social Determinants of Health and Health Disparities – A Patient's Perspective***  
G. Abbas Kharal, MD, MPH
- 11:35 am      ***Knowledge Gaps in Stroke and Other Health Disparities***  
Gwendolyn Lynch, MD
- 12:15 pm      Adjourn

## Location

Live Stream - all times listed are US Eastern Standard Time.

## Information

For further information about the Live Stream, contact Shana Spade, 440-228-6714

## Faculty Disclosure

The Cleveland Clinic Foundation Center for Continuing Education has implemented a policy to comply with the current Accreditation Council for Continuing Medical Education Standards for Commercial Support requiring resolution of all faculty conflicts of interest. Faculty declaring a relevant commercial interest will be identified in the activity syllabus.

## Americans with Disabilities Act

The Cleveland Clinic Foundation Center for Continuing Education fully intends to comply with the legal requirements of the Americans with Disabilities Act. If you need assistance, please notify us at least two weeks prior to the activity.

## Accreditation

The Cleveland Clinic Foundation Center for Continuing Education is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The Cleveland Clinic Foundation Center for Continuing Education designates this internet live activity for a maximum of 7.75 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Participants claiming CME credit from this internet live activity may submit the credit hours to the American Osteopathic Association for Category 2 credit.

## Other Health Care Professionals

A certificate of participation will be provided to other health care professionals for requesting credits in accordance with state nursing boards, specialty societies, or other professional associations.

## Online Registration - [www.ccfcmc.org/HealthDisparities21](http://www.ccfcmc.org/HealthDisparities21)

**Physicians - \$99**

**Researchers, APNs, PAs, PhDs - \$49**

**Residents/Fellows\* - \$39**

**Cleveland Clinic employee fees and registration available online.**

Registration fee includes access to the live-streamed lectures April 16-17, 2021.

Full refund until April 12. No Refunds after April 12, 2021.

\*Letter from Program Director/Chairman must be received in our office prior to the course to receive this fee.

Cleveland Clinic Center for Continuing Education reserves the right to cancel or postpone an activity at our sole discretion. In the unlikely event that this occurs, any registration fee(s) paid will be refunded. Be advised that Cleveland Clinic is not responsible for related costs including airline tickets, hotel costs or any similar fee penalties incurred as a result of any activity cancellations or changes.

