



# **MetroHealth Sustainability and Climate Change Initiatives**

## **March 24, 2021**

Sarah E. O’Keeffe, MBA, EcoDistricts Accredited Professional



Sarah O’Keeffe, MBA, EcoDistricts AP  
Mom. Spouse. Cyclist. Voter.  
Adapter. Advocate. Educator.  
Community Member.  
Sustainability Director.



**MetroHealth**



PRACTICE  
Greenhealth  
MEMBER



# MetroHealth

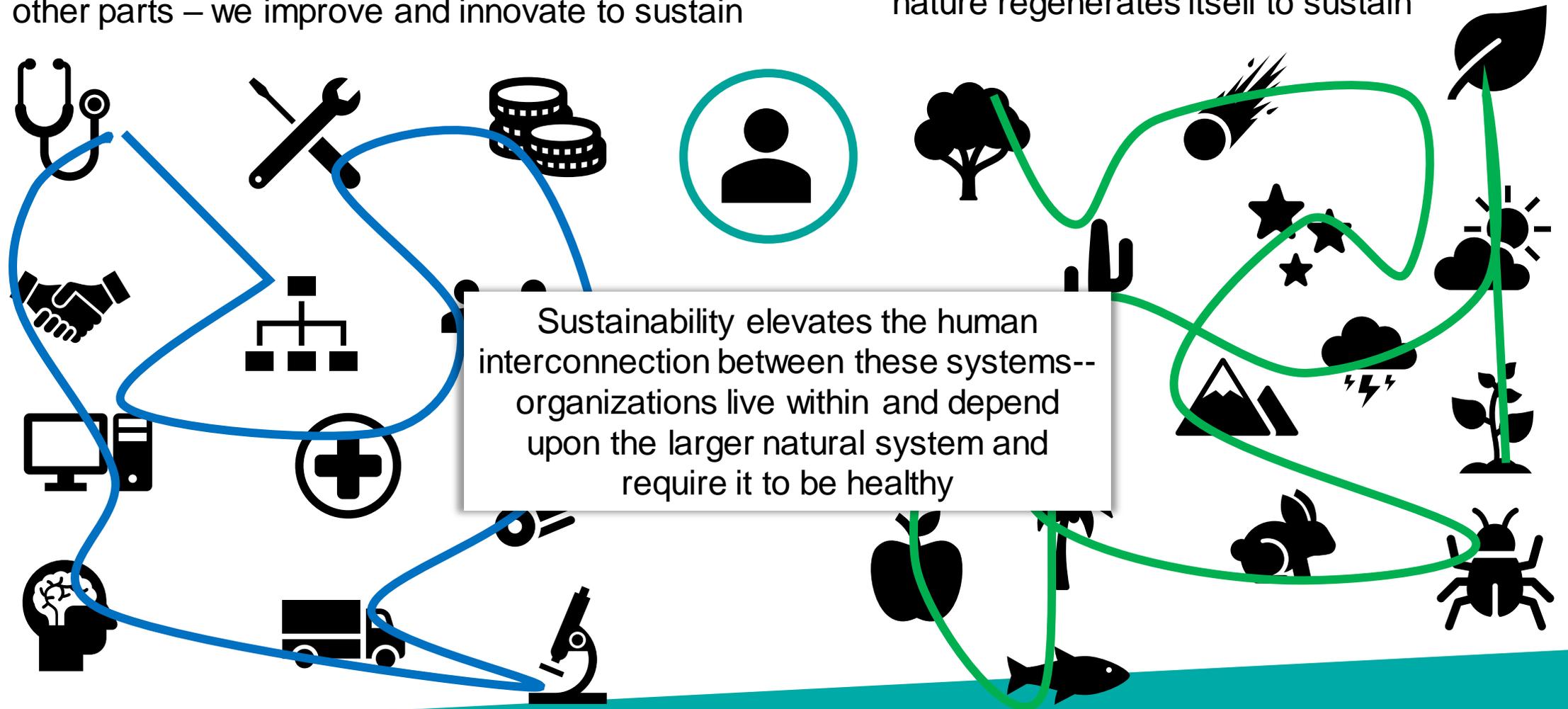


- Public Health System - 7,800 employees
- 4 hospitals, 20 health centers and 40 additional sites
- 1.45 million visits for 298,000 patients, 64% were uninsured / Medicare / Medicaid
- Main Campus: Level I Adult Trauma Center
- Academic medical center
- \$1 billion Campus Transformation, bond funded



# What IS “Sustainability”, really?

- Organizational Systems – we create organizations – we recognize each part interacts and affects other parts – we improve and innovate to sustain
- Natural Systems – we recognize that natural systems interact and effect one another – nature regenerates itself to sustain



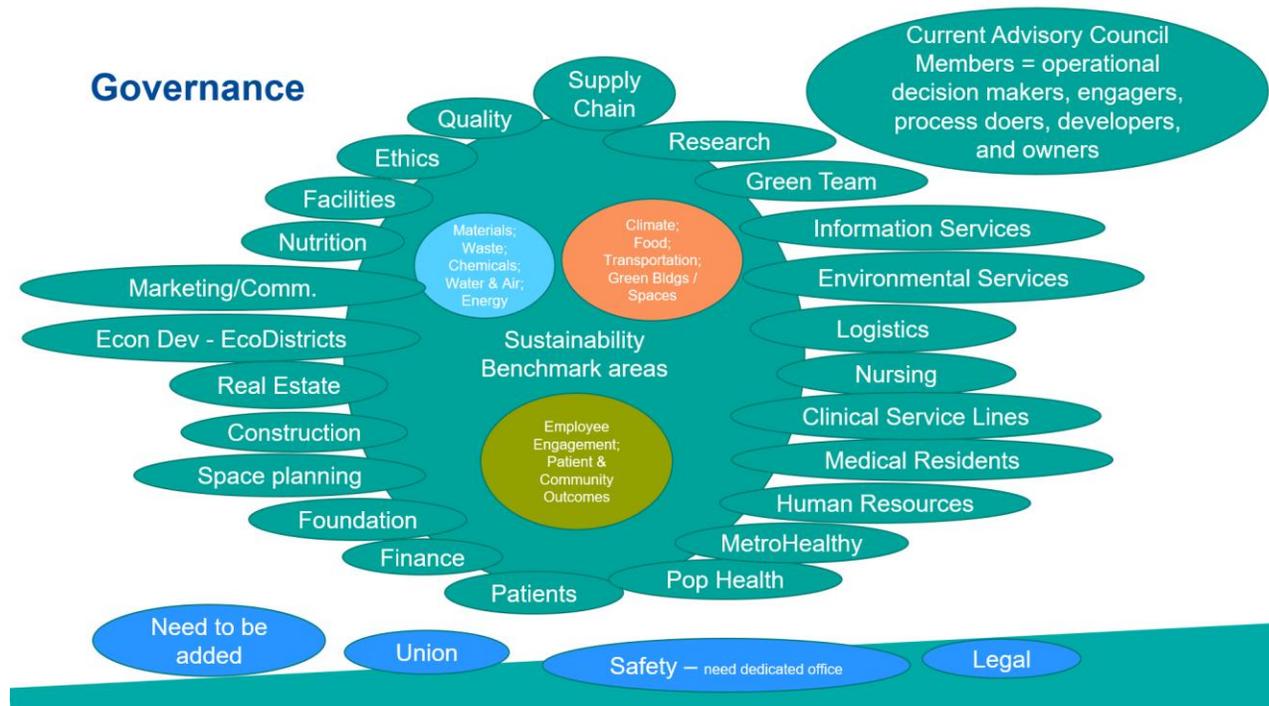
# **Sustainability at MetroHealth**

**Environmental Health = Human Health**

**Stewardship of natural systems is used to:**

- **Support the health of the overall ecosystem**
- **Improve the health of patients, staff, community**
  - **Increase operational efficiency**
  - **Change organizational culture**

# How Sustainability Initiatives are Implemented



- Gather Experts
- Know the Data & the Story / Context
- Engage
- Set Goals
- Track Progress
- Achieve Recognized Benchmarks
- Lead the Way
- Celebrate success

# Environmental Sustainability = How MetroHealth uses and protects natural resources to improve human health

The Sustainability Office and Advisory Council set and track goals that protect our air, water, land, climate and communities in these areas:



Engaged Leadership



Less Waste



Safer Chemicals



Healthy Food



Greening the Operating Room



Patient Outcomes



Sustainable Purchasing



Leaner Energy



Less Water



Green Buildings



Climate Action



Healthy Transportation

# Internal Employee Sharepoint site



The MetroHealth Information Village > Sustainability

## Home



## Welcome to the MetroHealth Sustainability Office & Program

Healthy people need healthy environments. Our Award-winning Sustainability program advances human wellness and builds resilience in our healthcare system and communities through the protection and thoughtful use shared resources such as water and energy, and engaging employees and leaders at all levels to set and reach our goals.



### Links

[MetroHealth Employee Transit Program](#)

[REDUCE](#)

[RENEW](#)

✓ [RETHINK](#)

[REUSE](#)

# “Rethink” page = downloadable presentations, webinars, tips



Sustainability

Share

Search this site

+ New Send by email Promote Page details

Published 11/10/2020 Edit

- Sustainability Home
- Green Team Employee Bu...
- What is Your Sustainabil...
- How Sustainability Impac...
- Office Recycling Program
- Reduce
- FREE MetroHealth Emplo...
- Reuse
- Renew
- Rethink**
- Calendar
- Site Contents
- Edit



## Rethink - Learn for yourself and Teach others

Sustainability Webinars, Downloads and Tips to Share With Others

### Lunch and Learn Webinars

October 8, 2020

#### Let it Rot - Backyard Composting Guide



# “What does Sustainability have to do with me?”

Your actions matter! Break Out Session – 10 minutes  
Stand up and Stretch! Introduce yourself to your peers  
Name, 1 choice you can make at Work, at Home

How can I...	Choices to make (1) at Work (2) at Home
...make less trash?	
...use less energy and water?	
...act on climate change? *everything above helps!	
...get help “going green”?	



A Smarter Way



**MetroHealth**  
Green Team

## Question – Answer in the Chat

What did you find surprising (something you didn't know before taking this course) or inspiring about climate change or taking action on climate change?

# MetroHealth Sustainability – 2020 Efforts

Employee, Clinical Engagement	Waste	Energy & Climate	Community & Outreach	Accolades & PR
Anesthesia Grand Rounds (40 clinicians) – Jan	Haz Waste \$32k/year cost avoidance	Carbon Footprint: Greenhouse gas emissions report	<a href="#">USGBC OH Women In Green webinar</a> (50)	<a href="#">2020 Paradox Prize Award</a> – \$98k earned
Earth Day 50 (75 staff/clinicians) – April	<a href="#">OH EPA Recycling Grant</a> submitted \$100k Feb	Anesthetic gases Epic report for QI project	<a href="#">2030 District: Water Webinar</a> (50)	<a href="#">2020 Partner for Change Award</a> – Main Campus
Medicine Grand Rounds (75 clinicians) – April	Red bag waste treatment analysis & due diligence (\$224k annual cost avoidance projected)	Kill A Watt (MIV – 5% Reduction in Energy Demand) – August	<a href="#">Clark-Fulton Together Action Week</a> Nov – (80)	<a href="#">2020 World's Most Ethical Company</a>
Commuter Survey (500 employees) – November		<a href="#">EV Charging station grant submitted</a> \$100k – Oct	MetroHealth/Clark-Fulton EcoDistrict – Stakeholder Engagement; Core Team Member; 2 <sup>nd</sup> certification phase complete	Dec 2020 – <a href="#">Paradox Prize video</a>
Transit Pilot Program (28 enrolled for 1 year) Nov/ Dec	Waste Advisory Committee formed (12 departments)	Carbon Footprint & Climate Sensitive Diseases (A.Sehgal)		



## What is the Face of Climate Change?



*Source: Climate change is Affecting Our Health – Is there a cure? Jonah Patz – University of Wisconsin, TEDxOshkosh*

# What is the Face of Climate Change?



Source: Climate change is Affecting Our Health – Is there a cure? Jonahtan Patz – University of Wisconsin, TEDxOshkosh



# Human Health Impacts of Climate Change

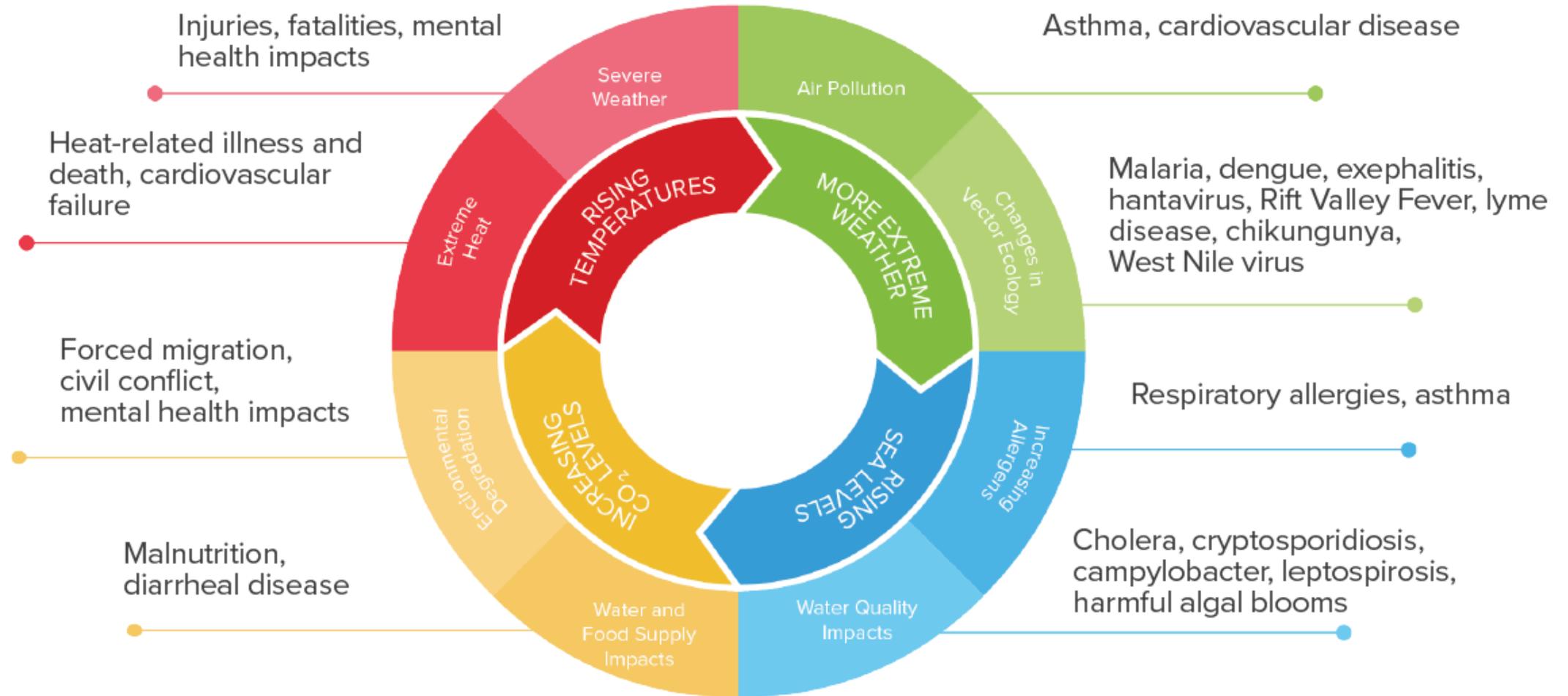
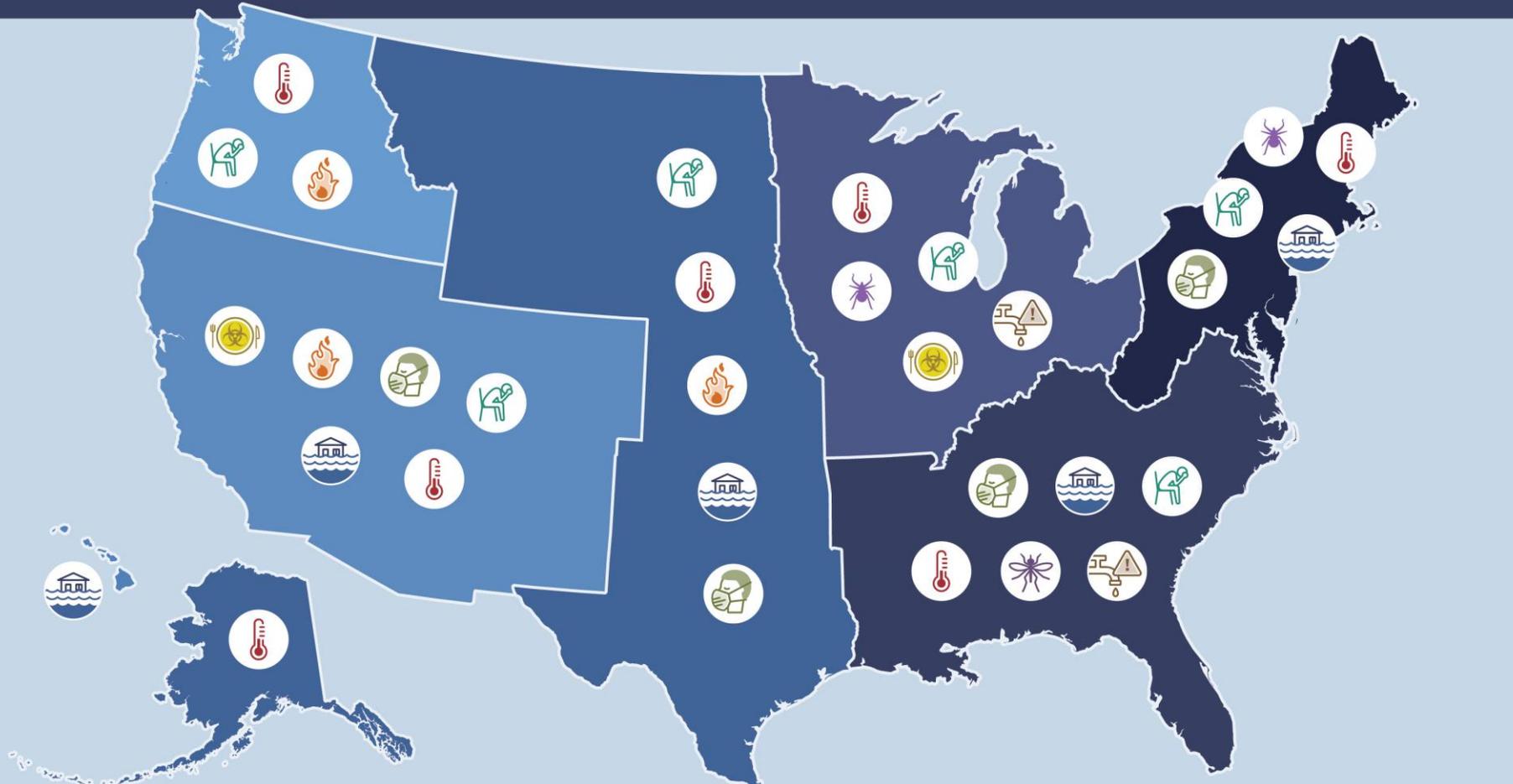


Figure 1: Impact of climate change on human health (Source: U.S. Centers for Disease Control and Prevention)

# How Our Health is Harmed by Climate Change: Impacts Differ by Geographic Region



-  **Extreme Temperatures**
-  **Outdoor Air Quality**
-  **Extreme Events**  
Flooding, Hurricanes, Storms, Drought
-  **Food-Related Infection & Agriculture**
-  **Water-Related Infection**
-  **Mosquito- and Tick-Borne Infections**
-  **Wildfires**
-  **Mental Health & Well-being**

This graphic illustrates key impacts of climate change on health and is based on reports from the U.S. Global Change Research Program. For more information, visit [www.globalchange.gov](http://www.globalchange.gov).

# Health care contributes to climate change

10% of U.S. greenhouse gas emissions

Energy use for heating, cooling, lighting, & water use

Waste anesthetic gases

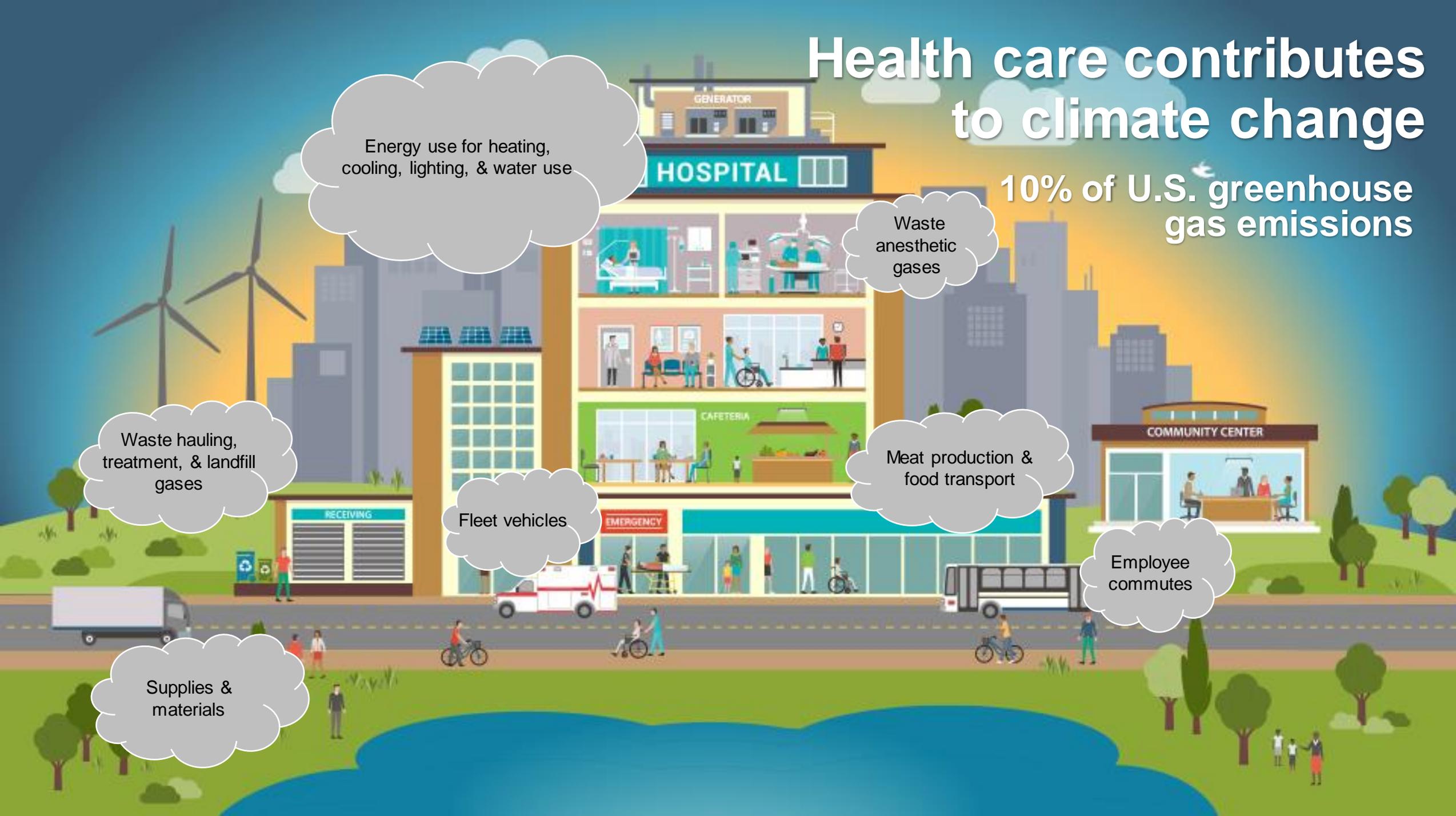
Waste hauling, treatment, & landfill gases

Meat production & food transport

Fleet vehicles

Employee commutes

Supplies & materials



# Gundersen Health – Wisconsin

## July 2, 2014 – Near total energy independence; 95% decrease in GHG emissions by Oct 2014

### Zero Net Energy Portfolio Case Study




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**OVERVIEW**

*Portfolio Details*

**Location:** Headquartered in La Crosse, WI

**Climate Zone:** 6A

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**Measured Energy Stats**

**141 - 109 = 32**

BUILDING'S TOTAL EUI	RENEWABLE PRODUCTION RPI	BUILDING'S NET EUI
141	109	32

**Site Energy Use Index (EUI) kBtu/SF/year**

The Energy Equation: **the building energy use minus the renewables production equals the net energy of the building.** Buildings may be 'Getting to Zero' and have a net EUI above zero. If renewable production exceeds energy use its net



### GUNDERSEN HEALTH SYSTEM

**Overview**

Gundersen Health System is the largest portfolio of buildings : net energy performance on a district wide scale in North Ame new and existing buildings and spanning more than 2.5 million area, Gundersen has consistently worked towards achieving e with increasing success. Hospitals account for only 2% of cor in the U.S. but use 5.5% of all commercial building energy<sup>1</sup>. C energy portfolio of health-care facilities in a challenging climat makes this achievement all the more impressive.

**Project Goals**

Gundersen Health System first announced a goal to control ri and improve the health of the local community in 2008. To ree Gundersen has focused on two initiatives which work hand-in achieving energy independence. First, and most important, G resource consumption through a portfolio-wide focus on ener

<https://new.buildings.org/w-p-content/uploads/2016/10/PortfolioCaseStudy>



DESIGN CENTER
QUICKLINKS ▾

Architecture Construction Engineering ES Interior Design Operations Products Regulatory

HFM'S INTERVIEW



## A sustainable mission

### Gundersen nears total energy independence

July 2, 2014 | Jeff Ferenc

*As Gundersen Health System reaches the zenith of sustainability, **Jeffrey E. Thompson, M.D., CEO**, explains how attaining this goal — the first health care system to do so — really is about patient health.*

For Gundersen Health System, La Crosse, Wis., energy efficiency and sustainability nirvana is within sight. Gundersen projects that before the end of the year it will achieve total energy independence, making it the first U.S. health care system to do so, its leaders say.

Gundersen, which includes four hospitals and about 75 medical and specialty clinics serving patients in three states, started a program called Envision that provided a broad strategy to offset its energy consumption through conservation and renewable energy projects, most involving local businesses.



Photo by Jim Tritch/Gundersen Medical Media

In the wake of continually rising energy costs, Gundersen conducted an energy audit in 2008. That led to the application of fundamental yet critical conservation measures that have

<https://www.hfmmagazine.com/articles/1322-a-sustainable-mission>

# Kaiser Permanente

## May 17, 2016 – Bold Environmental Goals Pledged for 2025, including carbon net positive—beyond carbon neutral

Kaiser Permanente pledges that by 2025 it will:

The image is a screenshot of the Kaiser Permanente website. At the top, there is a navigation bar with the following items: "Select Your Region" with a dropdown arrow and location pin icon, "Access Care" with a heart icon, "Locate a Facility" with a building icon, and "Search" with a magnifying glass icon. Below this are four menu items: "Our Story", "Total Health", "Community Health", and "Who We Are". The main content area has a breadcrumb trail: "Home | Community Health | News | We will be carbon neutral by 2020". The article title is "We will be carbon neutral by 2020", dated "September 10, 2018". The sub-headline reads: "Move to mitigate climate change will make organization the largest renewable energy purchaser in the U.S. health care sector." On the right side of the article, there is a green graphic with the text "HEALTHY PLANET = HEALTHY PEOPLE" and "Learn more about our work to mitigate climate change for health." The Kaiser Permanente logo and the word "thrive" are also visible in the top right of the graphic.

KAISER PERMANENTE® | About

Select Your Region Access Care Locate a Facility Search

Our Story Total Health Community Health Who We Are

Home | Community Health | News | We will be carbon neutral by 2020

September 10, 2018

## We will be carbon neutral by 2020

Move to mitigate climate change will make organization the largest renewable energy purchaser in the U.S. health care sector.

KAISER PERMANENTE® thrive

HEALTHY PLANET = HEALTHY PEOPLE

Learn more about our work to mitigate climate change for health.

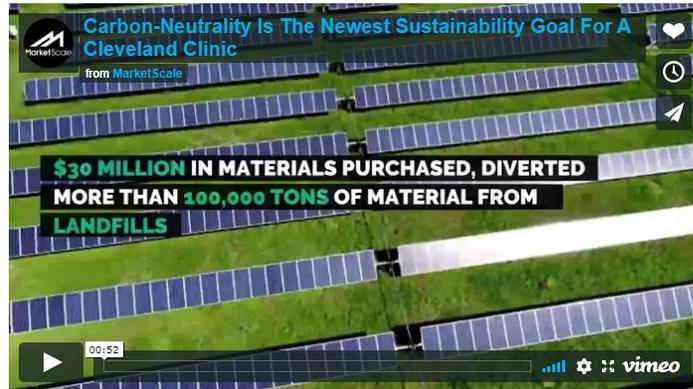
# The Cleveland Clinic

## November 30, 2017 – Carbon Neutral by 2027 (Scope 1 & Scope 2) through energy efficiency, employee behavior, renewable energy purchases



### Watch: Carbon-Neutrality Is The Newest Sustainability Goal For A Cleveland Clinic

By Emily Rector - January 24, 2018



Cleveland Clinic is expanding successful energy-saving strategies it has implemented and has purchased renewable energy to reach its goal of being carbon-neutral in 10 years. The effort has encompassed energy and water-reducing strategies, energy-efficient facility design, environmentally friendly purchasing and



#### SUSTAINABILITY

### Cleveland Clinic makes carbon-neutrality its newest sustainability goal

Health system plans to reach goal through renewable energy purchases, continued energy efficiency

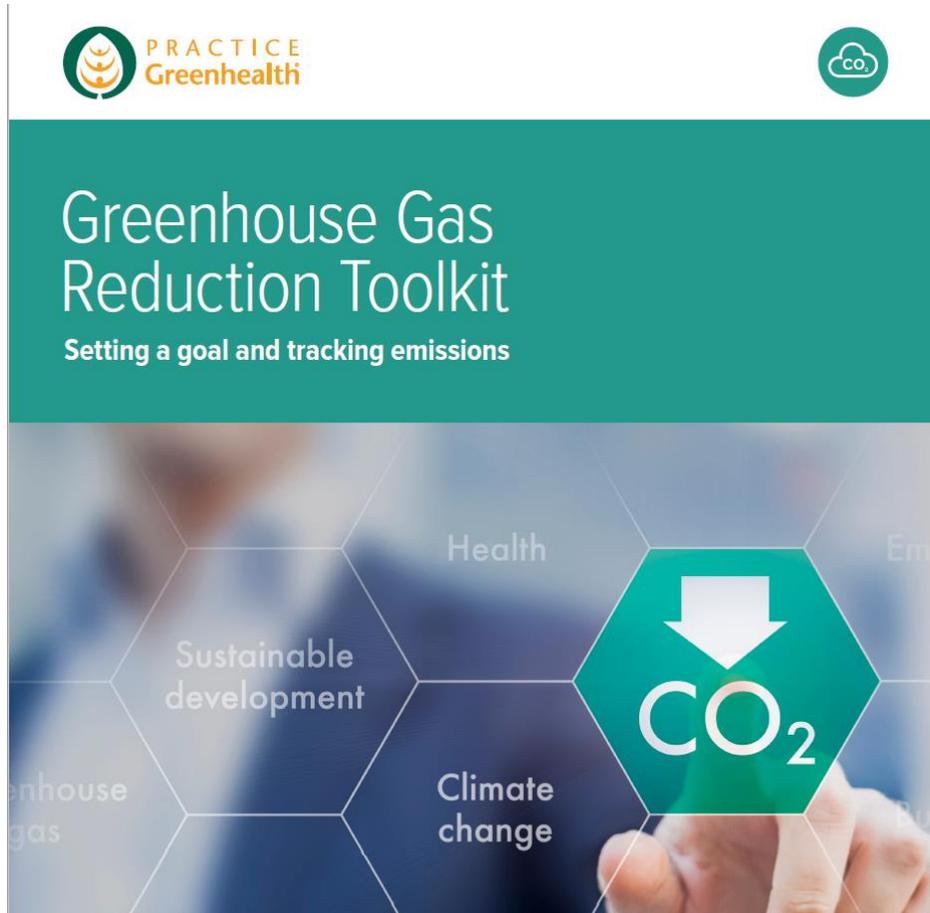
November 30, 2017 | Jeff Ferenc



# You are an Engaged Leader and Want to Act on Climate Poll

What 3 actions would you prioritize in your health provider's  
---- hospital / health system --- or city's climate action plan?

# Greenhouse Gas Emissions Reduction – PGH Toolkit & HCWH Resources



The image shows the cover of the 'Greenhouse Gas Reduction Toolkit' by Practice Greenhealth. At the top left is the Practice Greenhealth logo, and at the top right is a small circular icon with 'CO2'. The main title 'Greenhouse Gas Reduction Toolkit' is in large white text on a green background, with the subtitle 'Setting a goal and tracking emissions' below it. The bottom half of the cover features a hexagonal grid pattern with various terms like 'Sustainable development', 'Health', 'Climate change', and 'CO2' (with a downward arrow) overlaid on a background image of a person's hand pointing at a screen.

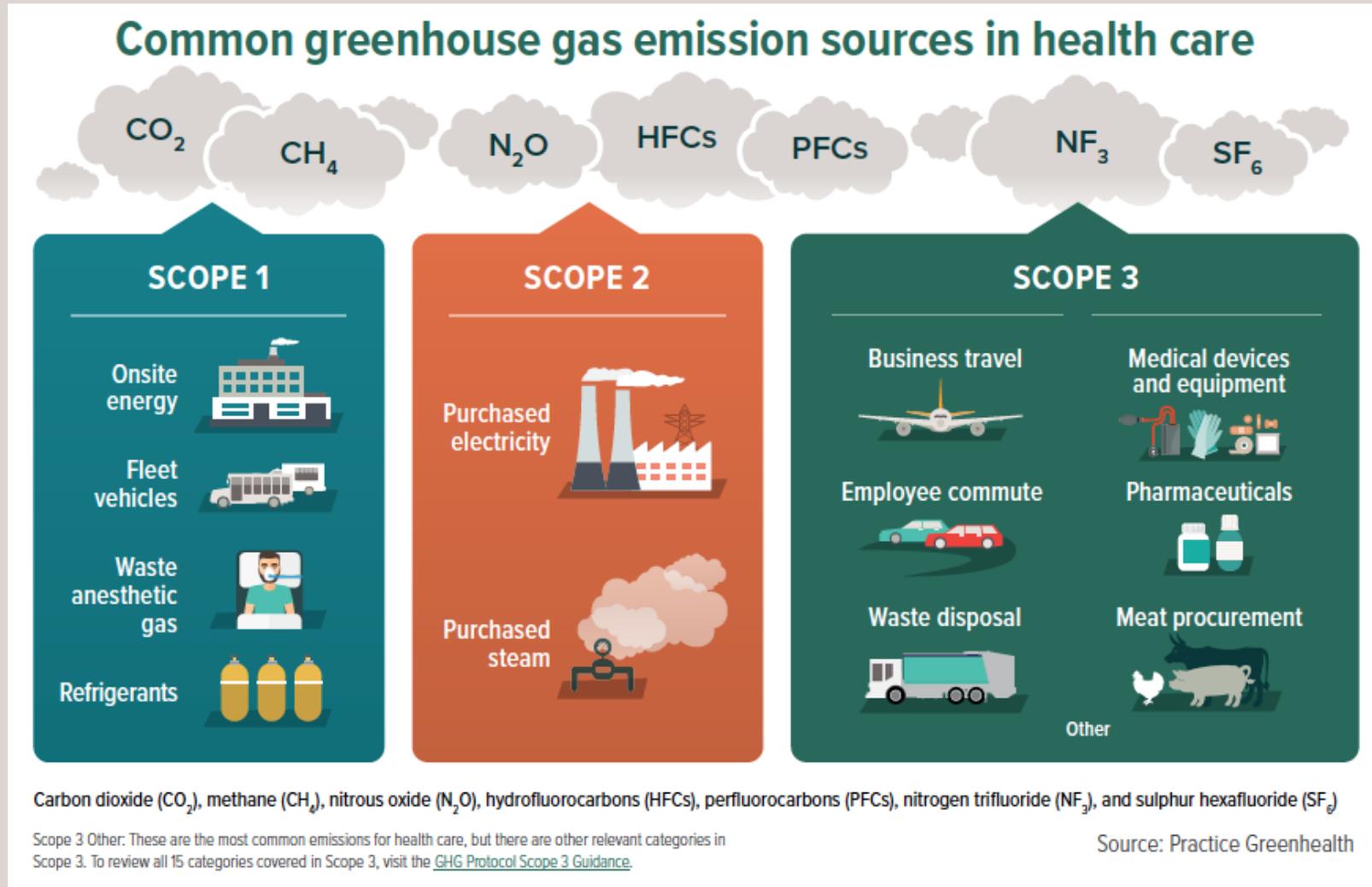
<https://practicegreenhealth.org/user/login?destination=/ghg-reduction-toolkit&require=1> \*PGH membership required



The screenshot shows the website for Health Care Without Harm, specifically the 'Climate and Health' page. The top navigation bar includes language options (América Latina, Español, Português, Asia, Europe, US & Canada, Global), a search bar, and an 'Advanced Search' link. The main header features the organization's logo, a 'US & Canada' dropdown menu, a 'Make a Donation' button, and social media icons for Facebook, Twitter, YouTube, LinkedIn, and Instagram. Below the header is a navigation menu with links for HOME, ABOUT, ISSUES & PROGRAMS, GET INVOLVED, NEWS ROOM, BLOG, and RESOURCES. The main content area has a breadcrumb trail: Home > Issues > Climate and Health, followed by social media share icons and a 'Like 0' button. The page title is 'Climate and Health'. Under the heading 'Get involved', there is text explaining that hospitals can commit to climate-smart health care by joining the Health Care Climate Challenge. It mentions the 'Cool Food Pledge' platform and the 'Nurses Climate Challenge' campaign. A 'Subscribe to our Newsletter' button is located at the bottom of this section. To the right, under 'The challenge', there is text stating that the Lancet Commission characterized climate change as a major global health threat and opportunity. Below this text is a circular diagram titled 'Impact of Climate Change on Human Health'. The diagram shows a central circle with 'CLIMATE CHANGE' and 'HEALTH' surrounded by arrows pointing to various impacts: 'Extreme Heat' (Heat-related illness and death, cardiovascular failure), 'Air Pollution' (Asthma, cardiovascular disease), 'Changes in Vector Ecology' (Malaria, dengue, encephalitis, hantavirus, Rift Valley fever, Lyme disease, Chikungunya, West Nile virus), 'Increasing Allergens' (Respiratory allergies, asthma), 'Water Quality Impacts' (Diarrhea, cryptosporidiosis, campylobacter, leptospirosis, harmful algal blooms), 'Water and Food Security Impacts' (Malnutrition, diarrheal disease), and 'Extreme Weather' (Injuries, fatalities, mental health impacts).

<https://noharm-uscanada.org/HealthyClimate>  
\*\* Free Access tools available

# Scopes defined – specific to Healthcare



# How to take action

Set a greenhouse gas goal for the hospital / health system

Reduce OR energy use & waste

Invest in renewable energy

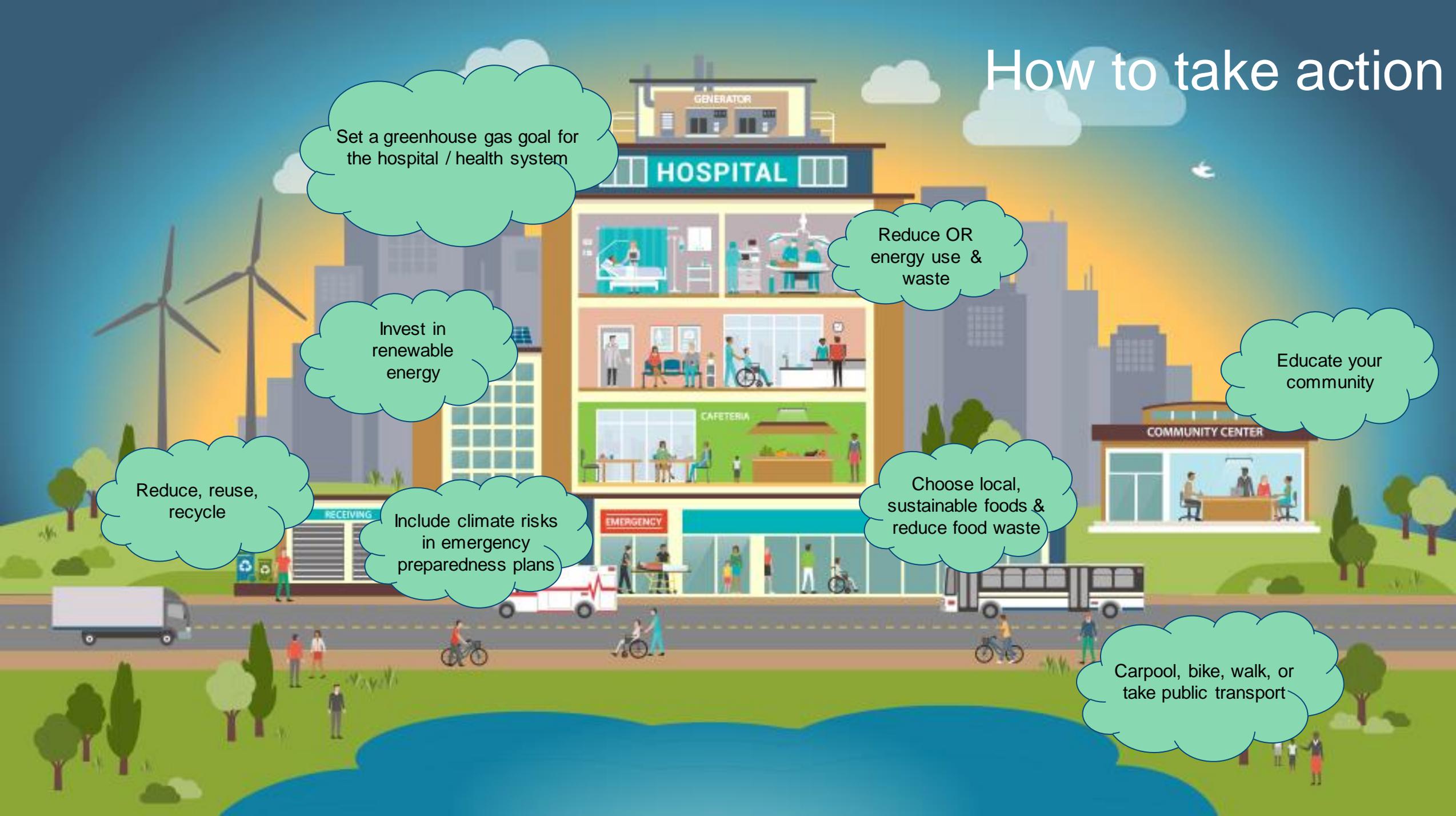
Educate your community

Reduce, reuse, recycle

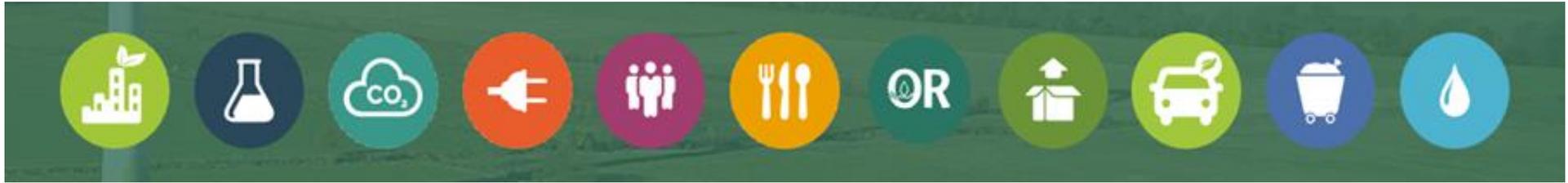
Include climate risks in emergency preparedness plans

Choose local, sustainable foods & reduce food waste

Carpool, bike, walk, or take public transport



## Connecting GHG Emissions to Sustainability Initiatives and Benchmarking from Practice Greenhealth



**The following slides list various metrics in 8 focus areas that MetroHealth Sustainability is tracking against national benchmarks from Practice Greenhealth.**

- **“Scope 1, 2 or 3” are listed to indicate an impact relationship to emissions**
- **Tools for impacting metrics listed are also included**
- **MetroHealth is either considering / already using these tools in its efforts to impact its environmental footprint**



## Energy Metrics



Energy Use Intensity

Scope 1, 2



% Reduction in EUI  
from Baseline

Scope 1, 2



Energy Star Score

Scope 1, 2



# Facilities, Green Team, IS, Sustainability: Kill A Watt – Demand Response



## Help Us Save Electricity this Wednesday – “Kill A Watt” Event



A kilowatt is a measure of power or energy. Instead of using kilowatts this upcoming Wednesday afternoon, employees are being asked to “Kill A Watt” by powering down electronic items as part of an energy audit.

**Between 2 and 4 p.m. this Wednesday, MetroHealth employees are being asked to:**

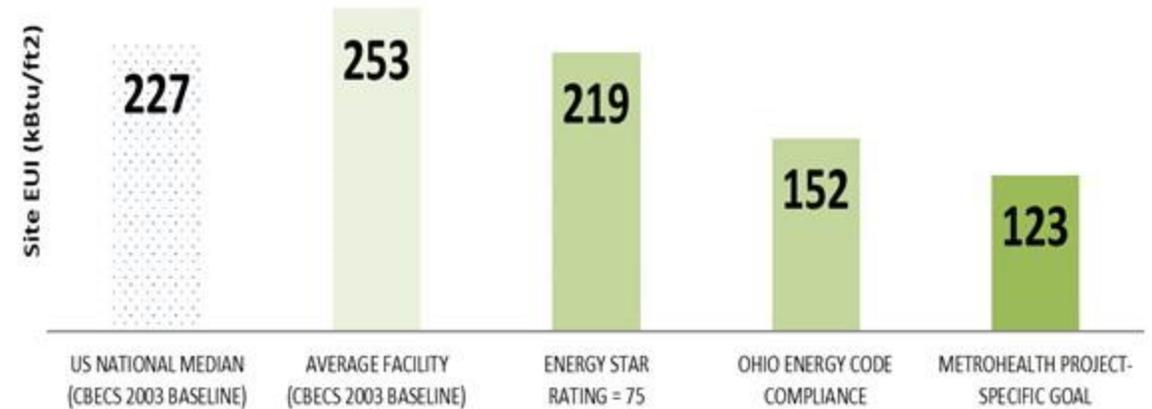
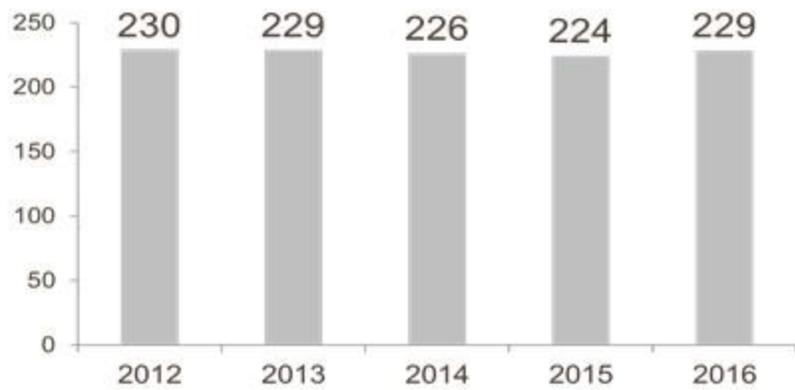
- Turn off unnecessary lights
- Power down unnecessary monitors, projectors, conference room PCs and TV / screen displays
- Unplug your laptop from its dock
- Unplug re-chargeable devices such as cell phones, tablets and Workstation on Wheels (WOWs)

- Print before or after this timeframe

This two-hour event – sponsored by The Office of Sustainability, Facilities Management, the Green Team, and Information Services – is part of MetroHealth’s “Demand Response” program.

There are several benefits to participating. “Reducing our electricity demand and use means not only reduced financial costs, but also reduced air pollution and greenhouse gas emissions, as the majority of the electric power MetroHealth gets is currently from coal-fired power plants,” says Sarah O’Keeffe, Director, Sustainability.

The environment and health are intertwined. According to Health Care Without Harm, air pollution from coal plants affects respiratory and cardiovascular systems,





## Greening the OR Metrics



% Kit Reformulation

Scope 3  
(supply chain)



Lb of Devices Collected for Reprocessing per OR Procedure

Scope 3  
(waste)



% Rigid Sterilization Containers

Scope 3  
(waste)



% ORs with HVAC Setback

Scope 1



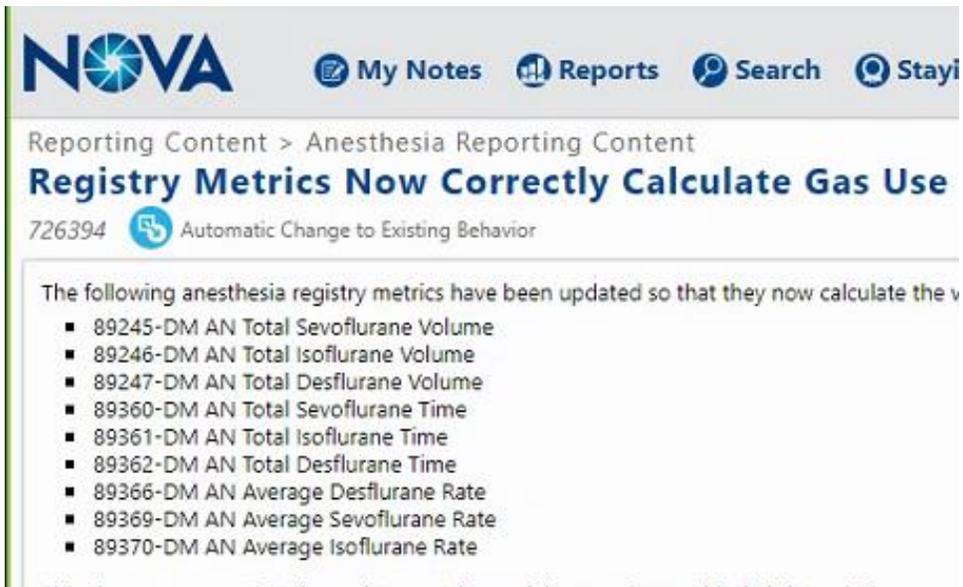
% Change in GHGs from Anesthetics

Scope 1



# Anesthesia: Inhaled Anesthetic Gas Project

## Reducing Greenhouse Gas Emissions and Financial Costs – Choices for Providers



The screenshot shows the NOVA reporting system interface. At the top, there is a navigation bar with the NOVA logo and links for My Notes, Reports, Search, and Stay. Below the navigation bar, the page title is "Reporting Content > Anesthesia Reporting Content". A prominent blue banner reads "Registry Metrics Now Correctly Calculate Gas Use". Below the banner, there is a notification for "Automatic Change to Existing Behavior" with the ID 726394. The main content area lists the following updated anesthesia registry metrics:

- 89245-DM AN Total Sevoflurane Volume
- 89246-DM AN Total Isoflurane Volume
- 89247-DM AN Total Desflurane Volume
- 89360-DM AN Total Sevoflurane Time
- 89361-DM AN Total Isoflurane Time
- 89362-DM AN Total Desflurane Time
- 89366-DM AN Average Desflurane Rate
- 89369-DM AN Average Sevoflurane Rate
- 89370-DM AN Average Isoflurane Rate

### Sustainability - 2018 vs 2019 impacts based only on purchases

- 2% decrease in overall carbon footprint at main campus (Scope 1 & 2, partial), mainly due to changes in anesthetic agents used

### Anesthesiology Team: QI Project for trends, behavior change

- Augusto Torres, MD – Residency Director
- Marcos Izquierdo, MD
- Charlie Johnson, Chief Anesthetist
- Residents - Drs. Andrew Phan & Wesley Dougall

### Dr. Torres:

- Goal not set, yet - Maybe reduce by 30% or more
- Epic Data team key to this project



## Waste Metrics



% Recycling

Scope 3



% RMW

Scope 3



RMW tons/OR

Scope 3



Lbs of Total  
Waste/Patient  
Day

Scope 3



Tons of Total  
Waste per OR

Scope 3



# MetroHealth Recycling Program

## Green Bin

(Central area, emptied regularly)



### Recyclables

- **Empty** metal cans
- Paper and Cardboard
- **Empty** plastic bottles

## Blue Bin

(Deskside, you empty when full)



### Paper and Cardboard

- Non-confidential office paper
- Envelopes
- Glove/tissue boxes

# 7<sup>th</sup> Annual Office Supply Swap Meet – 9/11/20 (Main) and 9/16/20 (OBC, Brooklyn Heights)

7<sup>th</sup> Annual!



## Office Supply Swap Meet 2020

Friday, September 11, 2020



- Do you want to clear space in your area and get rid of un-used supplies and obsolete office equipment?
- Is there a stash of supplies in your area that you'll never use?
- Are you looking for a particular office supply item that you can't find?

If you answered "YES" to any of these questions, please plan to attend our 7<sup>th</sup> Annual Office Supply Swap Meet on Friday, September 11, in the R-172 rooms at Main Campus!

Many departments have excess office supplies, equipment or items that take up space and collect dust. That's why several groups have teamed up to host the Office Supply Swap Meet.

#### Donation\* hours:

- Monday – Friday, September 7-10 (24/7) R-172-D and
- Friday, September 11, 9:30 – 11:30 a.m. in R-172 G/H

**Shopping hours:** Friday, September 11, 12:30 – 2:30 p.m. in the Rammelkamp 172 Rooms

*Reduce clutter \* Save money \* Recycle/redistribute supplies & equipment to reduce waste*

**Event Sponsors:** MetroHealth Green Team and the Office for Sustainability  
**For more information contact:** Sarah Spengler: [sspengler@metrohealth.org](mailto:sspengler@metrohealth.org)

#### \*Donations can include (but are not limited to):

- Old letterhead and other scrap paper
- Filing supplies and envelopes
- 3-ring binders
- Adhesive labels
- Hanging files and file folders
- Desk accessories
- Computer cables, toner and peripherals
- Old telephones, dictographs, calculators
- Scissors, tape dispensers, staplers
- Rubberbands (for the Mail Room)

\*A prize will be awarded to the department that donates the most items! – Take a photo of your donation and email it to [sspengler@metrohealth.org](mailto:sspengler@metrohealth.org)

Swap events at OBC & Brooklyn Hts. Sept 16

## MH Green Team Event



MetroHealth  
Green Team

### Main:

**Donations** will be accepted in R 172-D starting Monday, September 7<sup>th</sup> through the morning of the 11<sup>th</sup>

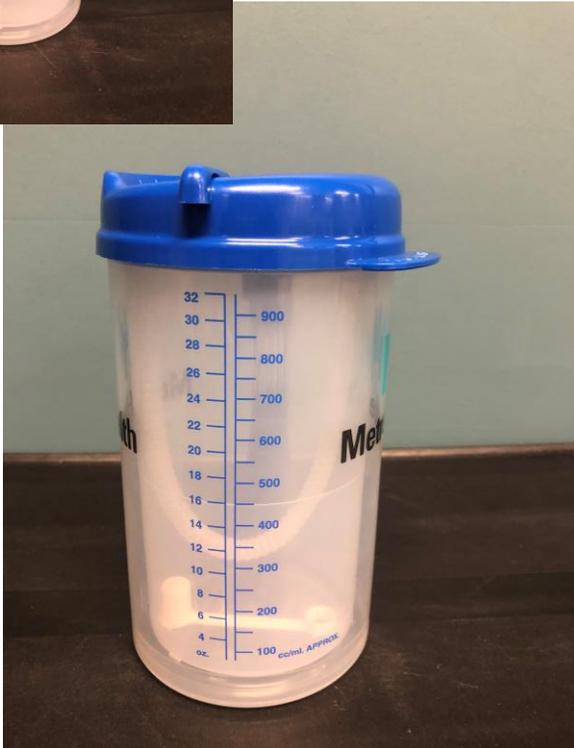
**Event Location:** R-172 Rammelkamp rooms: A/E, G/H, B, D and F.

**OBC:** Terrace level, T-65

**Brooklyn Heights:** Building A, Ground floor

# Patient Experience and Nursing

## Reusable vs. Disposable



- Improve patient experience
  - Almost 1:1 replacement 28 oz vs. 32 oz
  - Visual for how much water patient has consumed
- Reduce steps / labor to refill cup from pitcher
- Decrease waste over 1 year ~
  - Cups – 401,091 (3/day/patient)
  - Pitchers – 24,220 (1/patient)
  - Straws – eliminates disposable straws
- Co-benefits
  - Useful, reusable, branded



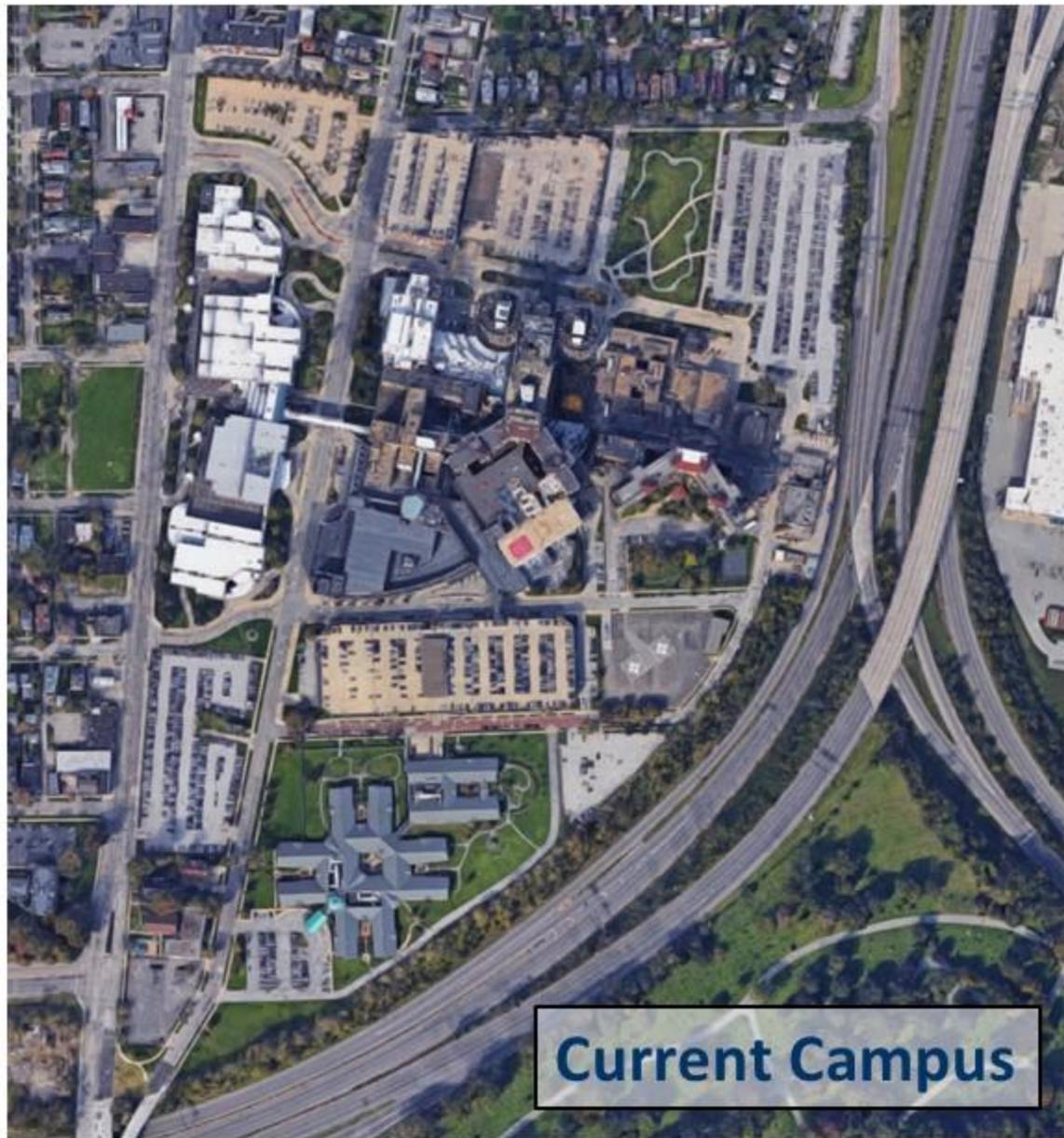


## Green Building Metrics

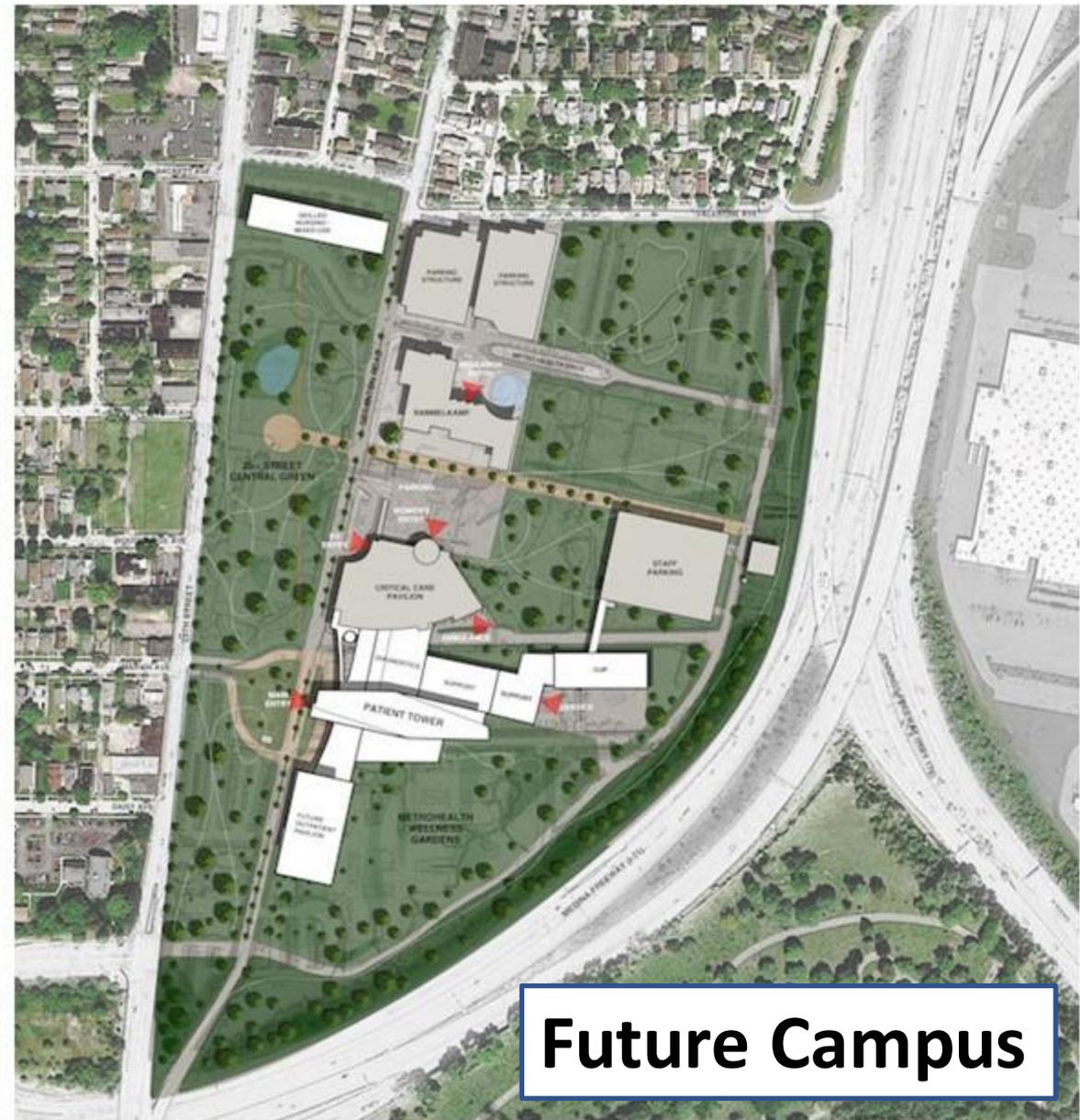


% C&D Waste  
Recycled





**Current Campus**



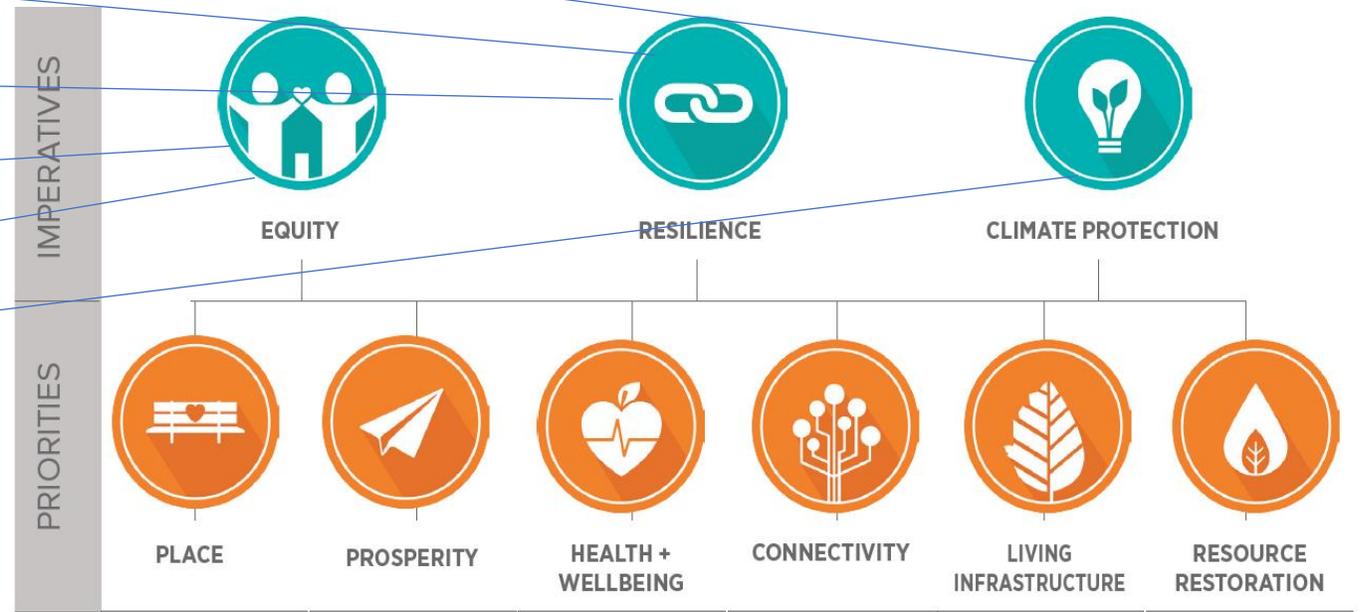
**Future Campus**



## EcoDistricts®



- Central Utility Plant
- Emergency Surge Capacity
- Stormwater Management
- Affordable Housing
- Digital Connectivity
- Transportation

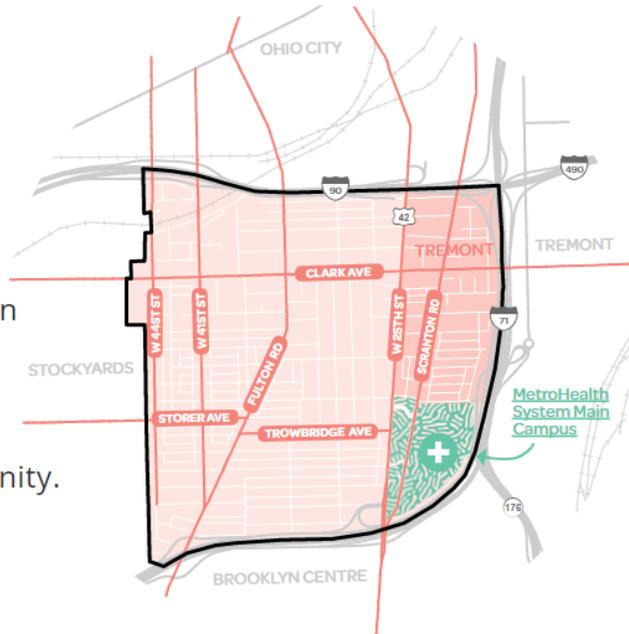


## Juntos!

create a resident-driven master planning vision for the Clark-Fulton neighborhood.

a vision that will help transform Clark-Fulton into a more healthy, equitable and sustainable community.

<https://clarkfultontgether.com/>





## Food Metrics



# Plant Forward Food = Lower Carbon Emissions

2019 - MetroHealth Vegan Inpatient Menu  
2020 - Vegan / Vegetarian dishes daily in café

*“Plant-forward is the most delicious “quadruple” bottom line approach that health care can take – achieving social, environmental, and financial goals while providing great-tasting food.”*



HOW-TO GUIDE

RESOURCES

COOL FOOD PLEDGE



HOME



# Spanish Vegan Frijoles with Plantain Chips

Recipe Created By:

*MetroHealth's Sous Chef Erieberto Caraballo*

## **Ingredients:**

2 (15oz.) cans black beans  
2 (15 oz.) cans pinto beans  
2 (15 oz.) cans garbanzo beans  
½ cup green olives, sliced or chopped  
1 whole red onion, finely diced  
2 red peppers, diced  
½ cup chopped fresh cilantro  
¼ cup chopped fresh parsley  
4 cloves garlic, chopped  
½ cup olive oil  
2 lemons, juiced  
Kosher salt, to taste  
Pepper, to taste

## **Instructions:**

1. Strain and rinse cans of black beans, pinto beans and garbanzo beans; place in a large bowl.
2. Combine green olives, red onions, red peppers, fresh cilantro, fresh parsley, garlic, olive oil and lemon juice with beans.
3. Season with kosher salt and pepper to taste.
4. Serve as is or with plantain chips, which can be found at your local Latin Foods store.

Health Care Without Harm  
Culinary Contest – Nov 2022  
Top 5 Finalist



**ATRIUM** **Café**

**Try our New Composed Salad!**  
**Spanish Vegan Frijoles**  
*with Plantain Chips*

*Now Available at the  
Grab and Go Coolers!*

Featuring authentic Latin flavors  
with black beans, pinto beans,  
garbanzo beans and fresh cilantro  
served with plantain chips!

*Enjoy the Flavors of our Community  
and Reach your MetroHealthy Goals!*

**\$3.50**



## Transportation Metrics



Employee  
Commuting  
Survey



% employees  
Single  
Occupancy  
Vehicle  
commute



Vehicle Miles  
Traveled  
Scope 3



Fleet Vehicle  
Emissions  
Scope 1



# Remote Work – Estimated Environmental and Human Health impacts

- 640 remote work employees – August 2020 (snapshot)
- Decreased greenhouse gases impact: 4,015.8 metric tons CO<sub>2</sub>e avoided

## Carbon sequestered by



- Decreased Waste = 2,737.92 lbs/day
- Decreased Waste disposal costs = \$301/day avoided

# FREE Employee RTA Transit (Bus / Train) Pass Pilot Program

When - Nov 1, 2020 - Oct 31, 2021

Who - Main Campus and OBC employees who might experience transportation challenges getting to work, to appointments, and/or to basic necessity shopping.

\*Limited to 40 participants - Register by Oct 30

\*\*Live within ~2 miles of either campus gets priority

## Employees will:

- Daily: Use monthly bus/train pass for commuting to work, personal needs
- Weekly (5 min.) enter all trips to/from work in Gohio Commute
- Monthly: Pick-up next month's transit pass, free of charge
- 4 times / year: Give feedback to program for improvement



**MetroHealth Free Employee Transit Pass Pilot Program**

Do you experience transportation challenges in getting to work, appointments or basic necessity shopping?

**Join our free transit pass pilot program!**

MetroHealth is offering a free transit pass pilot program for employees who both work and live near Main or Old Brooklyn campuses.

Participants will:

- Receive free public transit passes for 1 year for commuting / personal use
- Earn MetroHealthy points
- Give feedback on program benefits and challenges

**For more information and eligibility requirements, contact:**  
sustainability@metrohealth.org or 216-778-8736 or go to  
<https://metrohealthmiv.sharepoint.com/Sustainability>

**Registration deadline: October 30**  
Registration is limited to 40 participants so don't delay!




**REGISTER ONLINE: MIV → Information → Sustainability**

**Questions or do you want to register over the phone?**

**Call Sarah O'Keeffe at (216) 778-7963**

# Health sector is making progress

 <b>Cleveland Clinic</b>	Carbon neutral by 2027 (Scopes 1 and 2 only)	
 Memorial Sloan Kettering Cancer Center.  <b>NYU Langone</b> MEDICAL CENTER	NYC Carbon Challenge: Reduce greenhouse gas emissions 50% by 2025 (Scopes 1 and 2 energy only)	
<b>GUNDERSEN</b> HEALTH SYSTEM.	100% energy independence from grid	
 <b>KAISER PERMANENTE.</b>	Carbon neutral by 2020 (Scopes 1 and 2 only) Carbon positive by 2025	
<b>ROCHESTER</b> REGIONAL <b>HEALTH</b>	100% renewable electricity	
 <b>BOSTON</b> MEDICAL EXCEPTIONAL CARE. WITHOUT EXCEPTION.	 <b>PARTNERS</b> HEALTHCARE	25% by 2020 (Scopes 1 and 2 energy only) 100% by 2050

## Questions?

Sarah E. O’Keeffe, MBA, EcoDistricts AP  
Director, Sustainability  
[sokeeffe@metrohealth.org](mailto:sokeeffe@metrohealth.org)  
216-778-9763



# Appendix – Resource Slides

# Local, Regional, State and National Resources



CUYAHOGA COUNTY, *Ohio*  
Department of Sustainability



- [Cleveland Climate Action Plan 2018 final reduced.pdf](#)
- [Sustainable Cuyahoga - Cuyahoga County Office of Sustainability](#)
- [Residential Solar Co-op - Cuyahoga County Office of Sustainability](#)
- [Cuyahoga Soil & Water Conservation District \(cuyahogaswcd.org\)](#)
- [Cuyahoga Recycles](#)
- [Northeast Ohio Regional Sewer District \(neorsd.org\)](#)
- [Ohio Environmental Council | \(theoec.org\)](#)
- [Great Lakes | U.S. Climate Resilience Toolkit](#)
- [The Path to Carbon Neutral Guide \(Health Care Without Harm\)](#)
- [Practice Greenhealth](#) – [sign up for full access to resources using MetroHealth email and member account code](#)

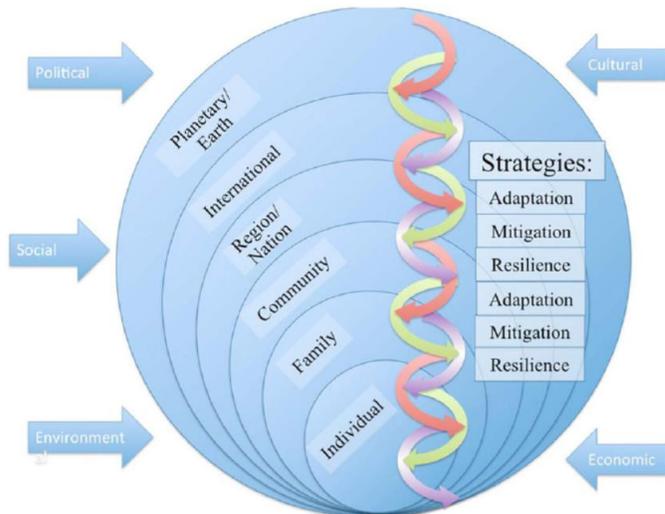
# Provider and Nursing Education specific resources



Alliance of Nurses for  
Healthy Environments



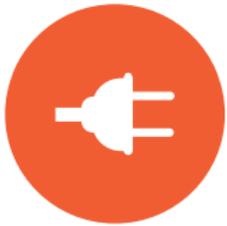
CHILDREN'S  
ENVIRONMENTAL  
HEALTH  
NETWORK



- [Alliance of Nurses for A Healthy Environment](#)
- [About Us - Ohio Clinicians for Climate Action \(ohcliniciansforclimateaction.org\)](#)
- [EcoHealthy Child Care Endorsement for Providers – Children's Environmental Health Network \(cehn.org\)](#)
- [Nurses Drawdown – A project of the Alliance of Nurses for Healthy Environments and Project Drawdown \(nursesdrawdown.org\)](#)
- [Mandate for the Nursing Profession to Address Climate Change Through Nursing Education - \*The Ecological Planetary Health Model\* \(pictured\)](#)

(please email me others and I will include them in future presentations!!)

# Practice Greenhealth – Benchmarking Metrics



## ENERGY

Energy use intensity (EUI) in kBtus per square foot

% Change in EUI from baseline year

ENERGY STAR score

% Offsite/purchased renewable energy

% Onsite renewable energy



## WASTE

% Recycling as a percent of total

% RMW as a percent of total

Tons of RMW per OR

Total waste lbs per patient day

Total waste tons per OR

% C&D waste recycled

<https://practicegreenhealth.org/>

# Practice Greenhealth – Benchmarking Metrics



## FOOD

- % Change in meat use from baseline
- % Change in greenhouse gas emissions from meat and poultry
- % Sustainably-produced meat and poultry (by weight)
- % Local food and beverage spend as a % of total spend
- % Sustainable food and beverage spend as a % of total spend



## GREENING THE OR

- % of OR kit types reviewed
- Lbs reprocessed devices per OR procedure
- % of OR kits in reusable sterilization containers
- % of ORs with HVAC setback
- % Change in greenhouse gas emissions from anesthetic gases from baseline



## WATER

- Water use intensity in gallons per square foot
- Water use intensity in gallons per cleanable square foot
- Water use intensity in gallons per full-time employee (FTE)
- Indoor water use in gallons per square foot
- Indoor water use in gallons per cleanable square foot
- % Change in water use from baseline year

# Practice Greenhealth – Benchmarking Metrics



## CHEMICALS

- % Green spend on 5 categories of cleaning chemicals
- % Spend on healthy interiors
- % DEHP- and PVC-free product lines
- % Green spend on mattresses\*
- % Spend on healthier flooring\*



## CLIMATE

- Total renewable energy as a % of total energy use
- % Change in energy-related scope 1 and 2 greenhouse gas emissions
- % Change in greenhouse gas emissions from baseline year



## SUSTAINABLE PROCUREMENT

- Average % green spend in targeted procurement areas



## TRANSPORTATION

- % Reduction in GHG emissions from owned fleet vehicles\*
- % Reduction in GHG emissions from leased fleet vehicles\*
- % Alternative fuel fleet vehicles
- % New fleet vehicles using alternative fuel\*
- % Top 10 distributors/suppliers that are EPA SmartWay partners\*
- % Reduction in SOV rate from baseline

# Action by other sectors

## Higher education:

- President's Climate Commitment

## Business:

- 90% of Fortune 500 companies report to the Carbon Disclosure Project using the GHG Protocol standard
- Power Forward: 48% of Fortune 500 companies have a climate goal. Annual emission reductions from these efforts are the equivalent to taking 45 coal-fired power plants offline for a year.
- 145 companies committed to 100% renewable electricity

## States, cities:

- California – SB 100
- Boston – Green Ribbon Commission
- New York City – Mayors Carbon Challenge



# Healthy Interiors

**Main goal: elimination of chemicals**

**Co-benefit: decreased production of chemicals reduces carbon emissions; some products are zero carbon**

Current: MetroHealth Furniture Standard for inpatient settings eliminates five classes of harmful chemicals

<https://practicegreenhealth.org/topics/safer-chemicals/healthy-interiors>

<https://noharm-uscanada.org/content/us-canada/list-furniture-and-materials-meet-healthy-interiors-criteria>

Considering: Healthy Flooring and Healthy Carpet --- zero carbon products are available

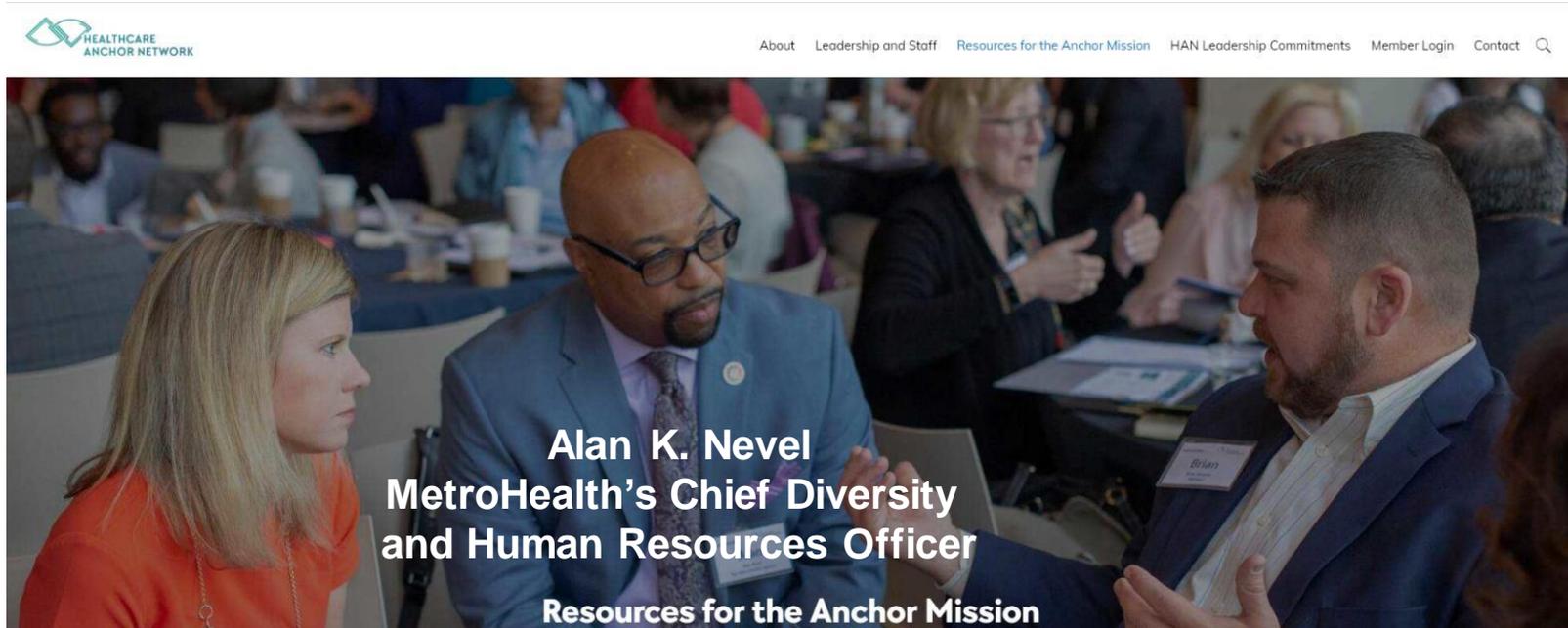
<https://practicegreenhealth.org/healthyflooring>

<https://practicegreenhealth.org/healthycarpet>

# Healthcare Anchor Network Member & Impact Purchasing

Local & Diverse Hiring, Workforce Development, Affordable Housing, Racism is a Public Health Crisis

<https://healthcareanchor.network/about-the-healthcare-anchor-network/>



**Considering:  
Additional  
sustainability goals  
related to procurement  
such as a renewable  
energy target**

# Reduce, Reuse, **Recycle**

Links:

[Local recycling info on the Sustainability MIV](#)

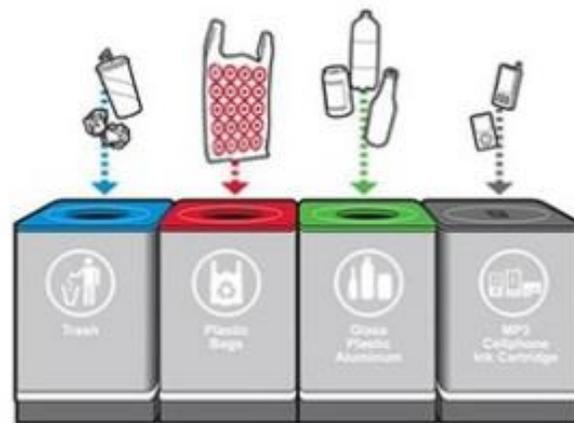
[Virtual tours of a Materials Recycling Facility](#)

[Republic Services Recycling Basics](#)

[Cuyahoga Recycles - Cuyahoga County Solid Waste District](#)

[Pass it On – Donation Guide](#)

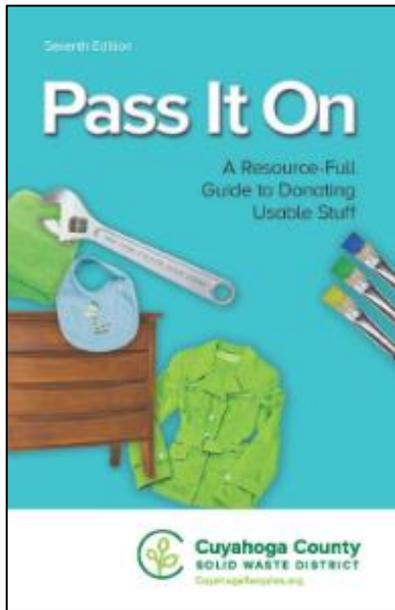
[Cuyahoga County Master Recycler Program](#)



Alternative recycling programs at stores

# Reduce, **Reuse**, Recycle

- Choose reusable bags, dishes, cups, napkins, and utensils
- Donate usable goods to MedWish, Salvation Army, Goodwill...
- MetroHealth Office Supply Swap



## Office Supply Closet Locations:

- MetroHealth Medical Center – R172F
- OBC – T65
- Brooklyn Heights – Building A, 1<sup>st</sup> floor (right of the main entrance)

Link: [Pass It On book from the Cuyahoga County Solid Waste District](#)

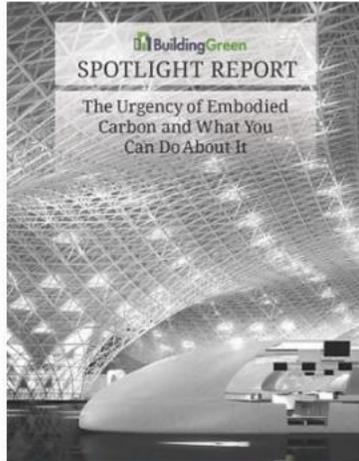
# What is Embodied Carbon?

## COST in terms of Carbon Emissions

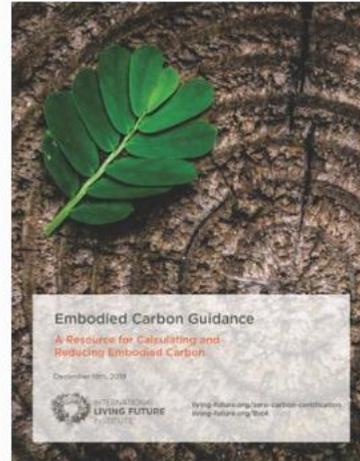
Carbon emissions associated with materials and construction processes throughout the whole lifecycle of a building or infrastructure. Embodied carbon includes:

- material extraction (module A1)
- transport to manufacturer (A2)
- manufacturing (A3)
- transport to site (A4),
- construction (A5)....and so on...

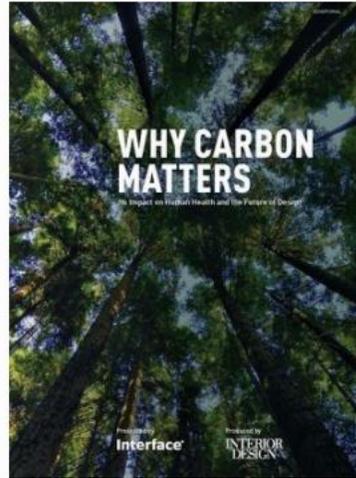
# Embodied Carbon Resources



Spotlight Report: The Urgency of Embodied Carbon



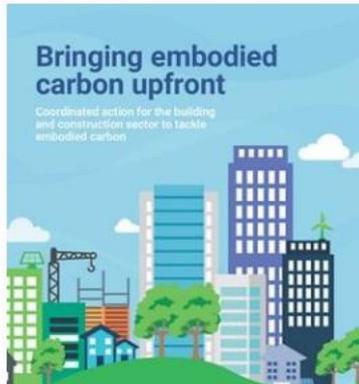
Embodied Carbon Guidance Document



Why Carbon Matters



Prioritizing Embodied Carbon in Your Spec



Bringing embodied carbon upfront



Hotel Global Decarbonisation Report



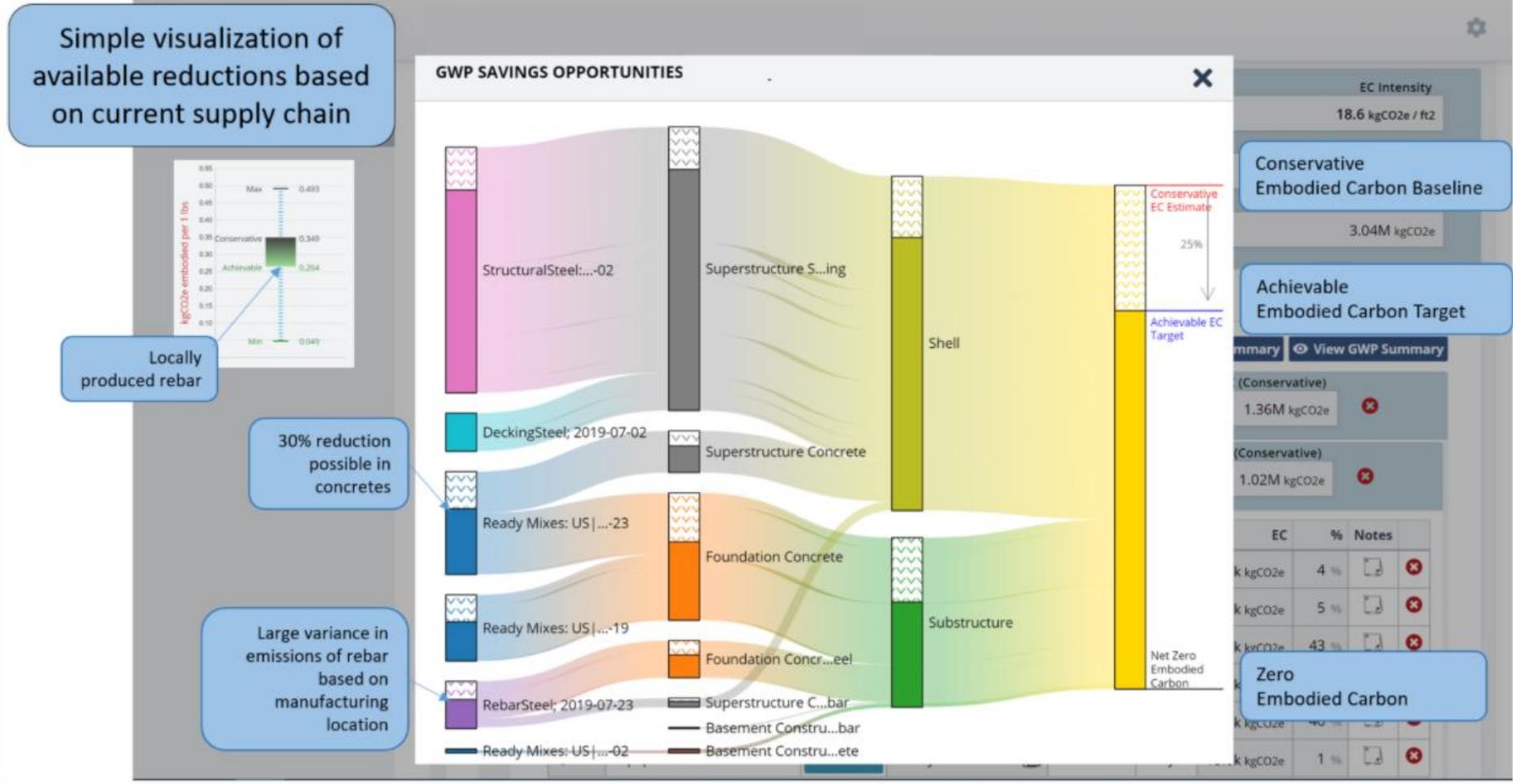
Completing the Picture: How the Circular Economy Tackles Climate Change



Opportunities for Carbon Dioxide Removal and Storage in Building Materials

# EC3 Tool (Beta) Find, Plan & Compare Materials (& Buildings)

Sankey Diagram for Building Project, Structural System



Works with Autodesk's BIM 360 modelling software

<https://www.countyplanning.us/projects/climate-action-plan/vulnerability-assessment/>

**Welcome to the Cuyahoga County Climate Change Vulnerability Map**

This vulnerability assessment app identifies both physical and social factors associated with the impacts of climate change. **Physical factors** identify the expected intensity of climate change impacts across the county (e.g., heat island effect and flood plain). **Social factors** show how the impacts of climate change are expected to affect communities across the county differently, depending on certain socioeconomic indicators (e.g., income and age). We know some communities will experience a disproportionate share of climate change impacts and the goal of this assessment app is to aid in identifying these areas for climate adaptation planning.

**SOCIAL Factors:**

- Population Under Age 5
- Population Aged 65 and Over
- Population Below Poverty
- Minority Population
- Households Without a Vehicle
- Rental Housing
- Population Lacking High School Diploma
- Persons with Disability

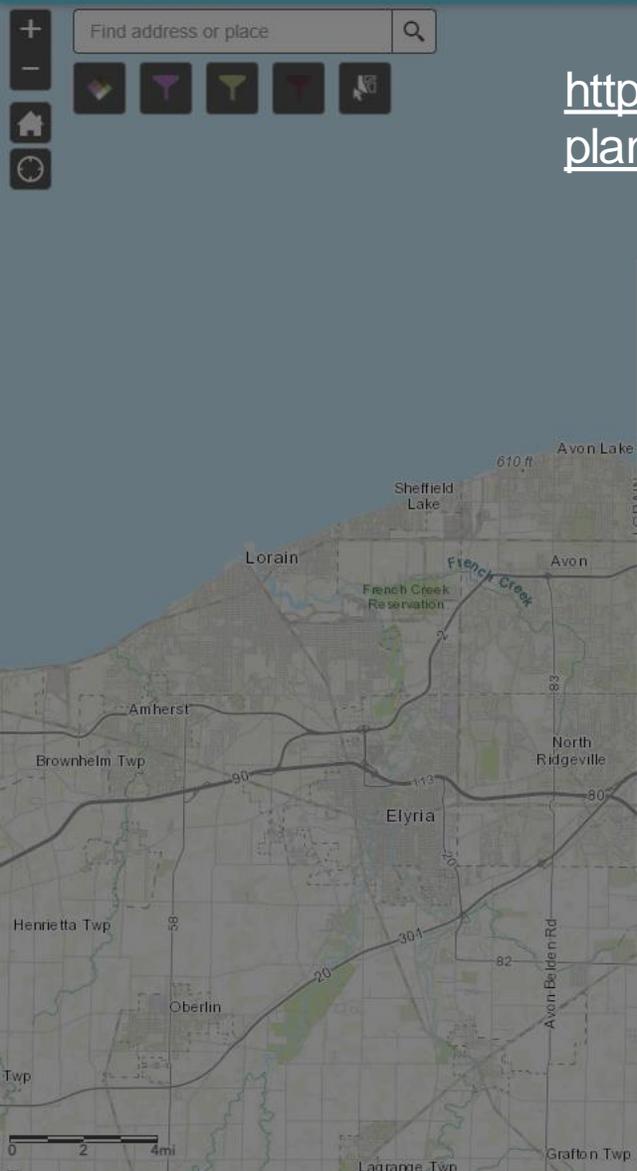
**PHYSICAL Factors:**

OK

**Layer List**

Layers

- CLIMATE VULNERABILITY BY CENSUS TRACT ...
- SOCIAL FACTORS (Select One) ...
  - Pct Under Age 5 ...
  - Pct Age 65 and Over ...
  - Pct Population Below Poverty ...
  - Pct Minority Population ...
  - Pct Households Without a Vehicle ...
  - Pct Rental Housing ...
  - Pct With Less Than High School Education ...
  - Pct Disabled Population ...
- PHYSICAL FACTORS (Select One) ...
  - Heat Island Effect (Pct of Area 2F or more above average) ...
  - Flood Plain (Pct of Area) ...
  - Pct Residential Buildings Built Before 1939 ...
  - Impervious Cover (Pct of Area) ...
  - Lack of Tree Canopy Cover (Pct of Area) ...
- COMPOSITE FACTORS (Select one or both) ...
  - SOCIAL Composite Score (Max=16) ...
  - PHYSICAL Composite Score (Max=10) ...
  - All Data ...

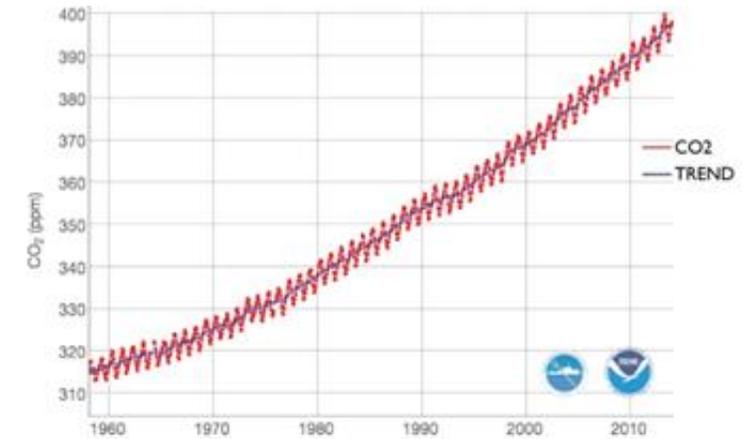


# Greenhouse gas emissions increase global warming, contributing to increased changes in our climate

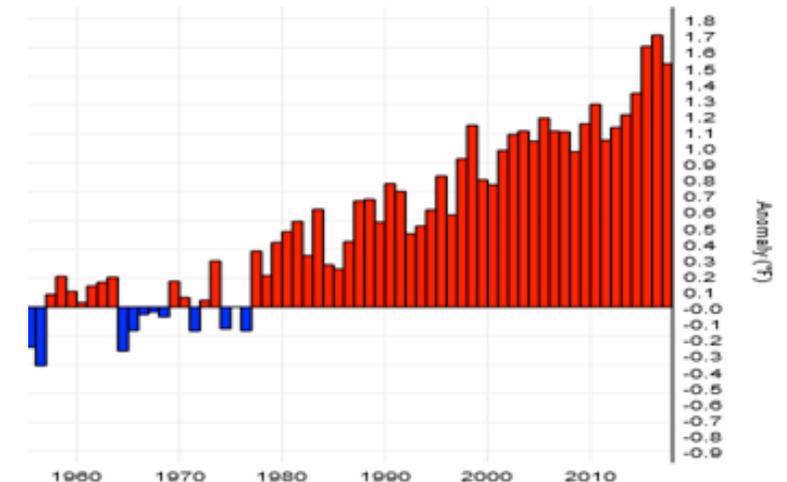
Learn more from NASA: <https://climate.nasa.gov/causes>



Mauna Loa Observatory  
Monthly Average Carbon Dioxide  
(1960-2015)



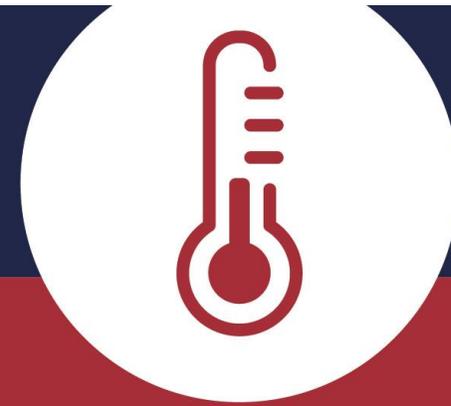
Global temperature deviations from mean  
(1880-2016)



Courtesy of the National Climate Assessment (2012)

*\*High heat = more violence* - <https://nypost.com/2019/06/18/high-temperatures-can-lead-to-more-violent-crime-study-finds/> - *sometimes related to housing, sometimes to mental well-being*

## Climate Change and Your Health: Extreme Temperatures



What is changing  
in our climate?

We're seeing more frequent days with extreme temperatures.

What is the impact  
on the environment?

Extreme temperatures damage crops, make air less healthy to breathe, and are associated with dramatic changes in precipitation leading to droughts, floods and wildfires.

How does that  
harm our health?

Extremely hot weather puts people at higher risk of heat stroke and is especially dangerous for older, younger, sicker and poorer Americans.

- *9% increase in GHG emissions from Passenger Vehicle Traffic 2010-2017 (Cuyahoga)*
- *Ground Level Ozone non-attainment area (Cleveland)*

## Climate Change and Your Health: Outdoor Air Quality



### What is changing in our climate?

Heat-trapping pollution is causing warmer weather, more intense heat waves, and more droughts and wildfires.

### What is the impact on the environment?

Warmer weather leads to longer and worse allergy seasons; hotter temperatures create more smog (ground-level ozone); and wildfire causes dangerous air pollution.

### How does that harm our health?

Increases in airborne allergens, smog and smoke make asthma and allergies worse, and put those with lung and heart diseases at higher risk.

# StateofTheAir.org



## If you live in Cuyahoga County, the air you breathe may put your health at risk.

Ozone



Particle Pollution 24-hour



Particle Pollution Annual

PASS

### The air you breathe needs your support.

You can make a difference in the air that you breathe.

[SIGN OUR PETITION](#)

[SHARE YOUR STORY](#)

#### High Ozone Days

[Learn More](#)

Ozone Grade: F

[How is my grade calculated?](#)

Weighted Average: 6.7

### Cuyahoga



# Climate Change and Your Health: Food-Related Infection and Agriculture



## What is changing in our climate?

Communities across America are increasingly experiencing warmer weather, changes in rainfall and humidity, and more violent storms.

## What is the impact on the environment?

Disease-causing pathogens – such as Salmonella bacteria that causes food poisoning – thrive in a warmer climate, and droughts and violent storms can harm crops.

## How does that harm our health?

Changes in weather patterns put our food at higher risk of contamination and can lead to increases in food prices and malnutrition.

# Climate Change and Your Health: Mosquito- and Tick-Borne Infections



## What is changing in our climate?

Warmer temperatures and changes in the amount of rainfall have an impact on where mosquitos and ticks can thrive.

## What is the impact on the environment?

Mosquitos and tick “seasons” are getting longer, and the pests are spreading to new areas of the country.

## How does that harm our health?

Diseases like West Nile Virus, Dengue Fever and Zika (spread by mosquitos), and Lyme disease (spread by ticks) are infecting more people, and are spreading into new regions where they did not previously exist.

# Climate Change and Your Health: Water-Related Infection



## What is changing in our climate?

Changing temperatures in oceans, lakes and streams alter ecosystems and cause heavy rains, rising sea levels and polluted water runoff.

## What is the impact on the environment?

Warmer waters help bacteria and algae grow in new places. Rising sea levels and bacterial and chemical run off from heavy rains contaminate drinking water.

## How does that harm our health?

Drinking and skin exposure to contaminated water – and toxic algae blooms – can and do cause serious illnesses.

LEARN MORE ABOUT SUBSCRIPTIONS

Column: After taking a swing at a Russell Wilson trade, the Chicago Bears...



Column: The Andy Dalton signing by the Chicago Bears is far from sexy. But...



Critics' Choice Takeout Awards: Chicago's best chefs, industry innovators...



Ineligible employees at Chicago's Trump Tower received COVID-19...

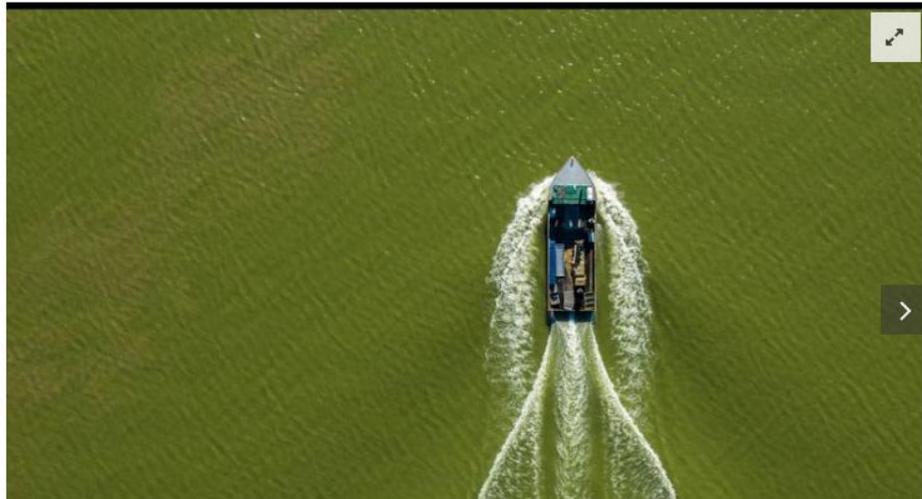


Corruption update: Tow...

GREAT LAKES HIGH STAKES ENVIRONMENT NEWS

# The shallowest Great Lake provides drinking water for more people than any other. Algae blooms are making it toxic — and it's getting worse.

By TONY BRISCOE  
CHICAGO TRIBUNE | NOV 14, 2019 AT 12:33 PM



NSF National Science Foundation WHERE DISCOVERIES BEGIN

Home > News

Research News

## Lake Erie's toxic algae blooms: Why is the water turning green?

Scientists at NSF-NIEHS Great Lakes Center for Fresh Waters and Human Health finding new answers



Blue-green algae bloom in the summer of 2009 near Catawaba Island in Lake Erie. Credit and Larger Version



Even the waves are open

Photos:  
Alliance for the Great Lakes  
Chicago Tribune  
National Science Foundation

# Climate Change and Your Health: Mental Health and Well-Being



**What is changing  
in our climate?**

Many effects of climate change, such as extreme heat and violent weather, can harm people's mental health and well-being.

**What is the impact  
on the environment?**

Extreme weather, floods and fires can threaten, damage or destroy people and their homes, communities, loved ones and social networks.

**How does that  
harm our health?**

The threat, damage and destruction caused by climate change can cause increased anxiety and depression in many people, especially children, older adults and low-income Americans.

*\*High heat = more violence* - <https://nypost.com/2019/06/18/high-temperatures-can-lead-to-more-violent-crime-study-finds/> - *sometimes related to housing, sometimes to mental well-being*

# Mental health

- Depression, anxiety, anger, hopelessness, PTSD, uncertainty – and the list goes on
- Familial, financial, and societal impacts are often unquantifiable and difficult to articulate
- Example: 215,000 Puerto Ricans fled to Florida after Hurricane Maria\*  
*\*estimated 1,000 families to Cleveland*
- Climate change expected to lead to 200 million more forced migrations by 2050, which contribute to civil conflict





**MetroHealth**