**TEAM 2 (TargetEd MAnageMent Intervention)**

**Reducing stroke risk in African-American Men**

*Case Western Reserve University School of Medicine and Frances Payne Bolton School of Nursing*

**Principal Investigators:** Martha Sajatovic, M.D., Department of Psychiatry  
Carolyn Harmon Still, PhD, MSM, School of Nursing

**Co-Investigator:** Shirley Moore, PhD, RN, FAAN, Cheryl Killion PhD, RN,   
Christopher Burant, PhD, Douglas Einstadter, MD, Sophia Sundararajan, MD

**Study Funding:** National Institute of Nursing Research (NINR)

**Overall study purpose:** To find out if a group educational and behavioral intervention, called **T**arget**E**d M**A**nage**M**ent Intervention (TEAM), helps African-American men with reducing their stroke risk factors. The TEAM approach is intended to reduce the unacceptably high rates of stroke and stroke complications in Africa-American (AA) men who have experienced mild deficit stroke or transient ischemic attack (TIA, mini-stroke). Preliminary data suggests that blood pressure and other biological markers that predict stroke risk are improved with TEAM.

**The role of peer educators in TEAM:** The TEAM curriculum is co-delivered by nurses and peer educators (PEs). We plan to hire up to 6 peer educators (PEs) enrolled in this study at Case Western Reserve University (CWRU)/University Hospitals (UH). In order to maximize fit with our patient population, PEs are AA men who has had a stroke or TIA.

**Time Commitment:** PEs in this study will be asked to come to the W.O. Walker Center and some of the other study sites. PE participation in this study will last for about **5 years** and will involve several sets of intervention groups (each of which consist of 1 individual session with each participant and 5 group sessions conducted over 8 weeks) as well as training to deliver the TEAM program. It is likely that the time commitment will be in the order of 15-30 hours annually. PE will also be asked to participate in a qualitative interviews of about 60 minutes.

**Financial Information:**

1. There is **no cost** for participation in this study.
2. PEs will be compensated for their participation in the research study

To refer an individual to TEAM, please contact Martha Sajatovic, MD at (216) 844-2808 or Martha.Sajatovic@UHHospitals.org