

REACH Study

Recovery Environments: Assessing Cognitive & Brain Health in Community Mental Health



How does your recovery environment support your thinking and brain health?

Researchers at Case Western Reserve University are studying how *different* community mental health programs—like the Clubhouse Model—support recovery for people living with schizophrenia and related conditions.

You may be eligible if you:

- Are 18-50 years old
- Have a schizophrenia, schizoaffective, or schizophreniform diagnosis
- Are managing symptoms effectively (no changes to psychiatric medication in the past 30 days)
- Are a newly enrolled Clubhouse Member

OR

- Are in outpatient mental health care and have never participated in a Clubhouse

What's involved?

- 1-hour eligibility screening interview
- 2 time points: now (baseline) and 6 months later
- Interviews and surveys about mental health and daily functioning (75 to 90 minutes)
- Cognitive (thinking) testing (90 minutes to 2 hours)
- 1-hour MRI brain scan
- Breaks provided as needed

Confidential

Voluntary

Compensation provided

No treatment required

This is an observational study.

You will continue your services as usual – no treatment changes required.

Contact Information

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