



Rachelle N. Milner West Side Community House

CRSI SCHOLAR COHORT 2

Services @ West Side Community House

Healthy Aging Center Older Adults 50+

- Congregate & home delivered meals
- Adult development activities
- General support

Youth Services Girls 10-17

- School Year
- Summer of Sisterhood

Family Services

- Resources & Support to families in community
- Community Based Services, Tapestry, Wrap for Success



CRSI Project

- Evaluation of ACT Parenting Program
- Understand if timeframe of open CPS case impacted program completion
- Mixed Methods Design: De-identified data & 2 class sessions
- Findings: Parents w/cases 0-3 months most likely to graduate
- Parents with substance abuse and mental health were least likely to graduate
- Informed agency of supports to provide (Motivational interviewing/referrals/case plan review) to program participants

Current Research: STARR – Surviving Trauma and Reaching Resilience

- Domestic Violence Education Group
- Partnership with CWRU Psychology Dept.
- Mixed Methods Design
- 42 Participants
- Results: Both feasible and acceptable to group members
- Program participation associated with reductions in depression, anxiety, and in exposure to domestic violence.



Topics/Skills/Network Collaborations

- Partnership with CWRU: Psychology Department & Schubert Center
- Council of Neighborhood Leaders – Community Based Services Program of Cuyahoga County



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